

The Best of Me

拍数: 32 墙数: 4 级数: Novice
编舞者: J  r  my Schoenenberger (FR) & Elsa SIEGWALD (FR) - January 2025
音乐: She Got the Best of Me - Luke Combs



Intro 16 counts.

Restart : Walls 1 (restar facing 9:00) & 4 (restart facing 12:00) a  er 28counts, bring LF next to RF.

Wall 3 a  er 8 counts. (restart facing 3:00)

Wall 7 a  er 16 counts, bring together LF next to RF. (restart facing 3:00)

[1-8] Walk R, L, Mambo side R, L, Step    turn L

1-2 Step RF, Step LF
3&4 RF to R, Weight on LF, Cross RF in front of LF
5&6 LF to L, Weight on RF, Cross LF in front of RF
7& Step RF, 1/4 Turn L weight on LF (9:00)

[9-16] Step R, together, Slide forward R with drag, Hitch R, Step lock step, Mambo forward, Coaster step R

8&1 Step RF (Restart wall 3), Gather LF, Slide RF Front and drag LF
2 Gather LF next to RF and Hitch RF
3&4 Step RF, Lock LF Behind RF, Step RF
5&6 Step LF, Return to RF, LF behind
7&8 RF behind, Gather LF, Step RF

Restart wall 7

[17-24] Step    turn R, Triple step    turn R, Rock    Turn side R, Weave    turn L

1-2 Step LF, 1/2 Turn R weight on RF (3:00)
3&4 1/4 Turn R LF to L, Gather RF, 1/4 Turn R LF Behind (9:00)
5-6 1/4 turn R RF to R, Return on LF
7&8 Cross RF behind LF, 1/4 turn L step LF, Step RF (9:00)

[25-32] Heels switch L R, Swivels, Coaster step L, Scuff, Hitch, Touch

1&2& Heel LF, together, Heel RF, Together
3&4 Step LF, Swivel to L, weight on RF

Restart wall 1 and 4

5&6 LF behind, Together, Walk LF
7&8 Scuff RF, Hitch RF, Touch RF Next to LF