

Breathe

拍数: 32 墙数: 4
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音乐: Breathe - Mackenzie Ziegler

级数: Beginner / High Beginner



Intro: 16 counts

I. SIDE, TOGETHER, SCISSORS

1,2 Step Rf to R, close Lf next to Rf
3&4 Step Rf to R, close Lf next to Rf, cross Rf over Lf
5,6 Step Lf to L, close Rf next to Lf
7&8 Step Lf to L, close Rf next to Lf, cross Lf over Rf

II. MODIFIED CHARLESTON WITH HALF TURN X2

1,2 Touch Rf forward, Step Rf back
3,4 Touch Lf back, ½ turn L step Lf in place
5,6 Touch Rf forward, Step Rf back
7,8 Touch Lf back, ½ turn L step Lf in place

(Option : 1-8 Charleston twice)

III. SIDE, TOGETHER, CHASSE (DIAGONAL FORWARD)

1,2 Step Rf to R (Diagonal), close Lf next to Rf (Diagonal) (facing 10:30)
3&4 Step Rf to R, close Lf next to Rf, step Rf to R (facing 10:30)
5,6 Step Lf to L (Diagonal), close Rf next to Lf (Diagonal) (facing 1:30)
7&8 Step Lf to L, close Rf next to Lf, step Lf to L (facing 1:30)

IV. SIDE TOUCH ZIG ZAG DIAGONAL, WALKING ¾ TURN R

1,2 Step Rf to R (facing 1:30), touch Lf beside Rf (facing 12:00)
3,4 Step Lf to L diagonal back (facing 10:30), touch Rf beside Lf (facing 12:00)
5,8 Walking on Rf-Lf-Rf-Lf turning ¾ to R

Tag (4 counts) after Wall 4 facing 12:00

1-2 Raise both hands with palms facing up to the front of the chest while inhaling
3-4 Lower both hands with palms facing down while exhaling

Have Fun....