

Little Girl's Heart

拍数: 32 墙数: 4 级数: Improver
编舞者: Michaela Bennetto (UK) & Andy Phoenix (UK) - February 2025
音乐: Little Girl's Heart - BEE SMITH



*1 Tag – End of Wall 2 – 8 count

[1-8] – R Kick Ball Change, Cross Shuffle, ¼ turn Right, Fwd Lock Step

1&2 – Right foot kick ball change
3&4 – Cross Right over Left, cross shuffle RLR
5,6,7&8 – Turn ¼ right on left foot, forward on R, lock step LRL

[1-8] – R Rock Recover, Full Turn R, Half Turn R, Coaster Step

1,2 – Rock fwd on R, rock back onto L
3,4 – Full turn over R shoulder stepping R,L
5-6 Half turn over R shoulder stepping R, forward step on L
7&8 – Coaster step RLR

[1-8] – Left Twinkle Step, Right Twinkle Step, ¼ turn Left, Rock Recover

1&2 – Cross Left over Right, step Right to right side, step Left in place
3&4 – Cross Right over Left, step Left to left side, step Right in place
5,6 – Cross Left over Right, step back on R turning ¼ to the left
7,8 – Rock back on Left, rock forward on Right

[1-8] – Full Turn R, Rock Recover, 2x Back Sweep, Sailor ¼ turn Left

1,2 – Step forward on Left into a full spin over Right shoulder
3,4 – Rock forward on Left, Rock back on Right
5,6- Sweep Left leg back, sweep Right foot back
7&8 – Sweep Left leg back turning ¼ left, forward on Right, Left next to Right. **

** Tag – End of Wall 2

[1-8] – Hip Sways, Rocking Chair

1-4 – Sway Hips RLRL
5-8 – Rock forward on Right, recover on Left, Rock back on Right, recover on Left