

Postmodern Love

拍数: 16 墙数: 4 级数: Beginner
编舞者: Christopher Gonzalez (USA) - December 2024
音乐: It Must Have Been Love (feat. Effie Passero) - Scott Bradlee's Postmodern Jukebox



#16-count intro after strong downbeat

Notes Wall 5 change of step: dance to count 13 ("turn 1/4 R and step R across") and unwind 3/4 L to 9:00 with L weighted across R by count 8.

This occurs when the music drops out after the first chorus and before the second verse.

Ending: At the end of the final chorus, after your full runaround returns you to 12:00, step R on count 1 to start the brief climactic silence with your hands at both sides and head down. When the music crashes back in, raise your head and hands theatrically upward. Bravo!

[1-8&] R Side, L Back Rock-Recover, Step-Touch x2, L Side, R Rock-Recover, (1/4 R Turn) Step-Sweep x2 3:00

1, 2& Step R to side (1), rock L behind R (2), recover R (&) 12:00
3&4& Step L to side (3), touch R beside L (&), step R to side (4), touch L beside R (&) 12:00
5, 6& Step L to side (5), rock R behind L (6), recover L (&) 12:00
7&8& Turn 1/4 R and step R forward (7), sweep L from back to front (&), step L forward (8), sweep R from back to front (&) 3:00

[9-16&] R Forward Rock-Recover, Back x2, 1/4 R Coaster Cross, 3/8 L Step Forward, Full L Runaround 3:00

1, 2& Rock R forward (1), recover L (2), step R back (&) 3:00
3, 4& Big step L back (3), step R back (4), step L together (&) 3:00
5, 6 Turn 1/4 R and step R across (5), turn 3/8 L and step L forward (6) 1:30
7&8& Turn 1/8 L and step R forward (7), turn 3/8 L and step L forward (&), turn 1/8 L and step R forward (8), turn 1/4 L and step L across (&) :: You are welcome to imagine the four left turns in counts "6, 7&8" as four quarter turns if you prefer; I have described them as increments of eighths to encourage more open footwork while stepping around, preventing discomfort that might be caused by the right crossing over the left into a perpendicular "pigeon-toed" position. 3:00