

# You Can't Stop Me From AB Dancing

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Sue Korek (USA) - 3 February 2025  
音乐: Break My Stride - Matthew Wilder  
或: Front Row Seat - Richard Marx



## Alternate Music:

Front Row Seat (Richard Marx—7 February 2020), Intro: 32 counts, bpm=132

Intro: 32 counts

### Section 1 (KICK, KICK, BASIC RIGHT)

1-2            Kick R cross L, step R beside L  
3-4            Kick L cross R, step L beside R  
5-6            Step R right, step L beside R  
7-8            Step R right, touch L beside R

### Section 2 (KICK, KICK, BASIC LEFT)

1-2            Kick L cross R, step L beside R  
3-4            Kick R cross L, step R beside L  
5-6            Step L left, step R beside L  
7-8            Step L left, brush R

### Section 3 (JAZZ BOX IN PLACE, TWO 1/8 PIVOT TURNS)

1-2            Step R across L, step L back  
3-4            Step R to right, step L beside R  
5-6            Step forward R, turn 1/8 step L  
7-8            Step forward R, turn 1/8 step L

### Section 4 (ROCKING CHAIR, V-STEP)

1-2            Rock R forward, recover on L  
3-4            Rock R backward, recover on L  
5-6            Step R diagonally right, step L diagonally left  
7-8            Step R right back, step L back

Enjoy this fun Absolute Beginner dance!

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