

Biting My Tongue

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Intermediate / Advanced waltz
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - January 2025
音乐: biting my tongue - kenzie



Starts On Vocal... 6 Counts... 3 Seconds

Twinkle Step, Twinkle Step, Cross, Lift, Weave.

- 1-3 Cross step Left over Right, step Right to Right side, recover on Left turning 1/8 Left. (10:30)
- 4-6 Step Right forward across Left, step Left to side turning 1/8 Right, recover on Right 1/8 to Right. (1:30)
- 1-3 Step Left forward across Right, Lift Right into a sweepy slight hitch turning 1/8 Left. (12:00)
- 4-6 Cross step Right over Left, step Left to side, cross step Right behind Left.

Side, Drag, 1/4, Full Spiral, Sweep Into Weave.

- 1-3 Step Left a large step to Left, drag Right, touch Right next to Left.
- 4-6 Turn 1/4 Right stepping forward on Right, step forward on Left making a spiral full turn to Right. (3:00)
- 1-3 Step forward on Right, sweep Left back to front.
- 4-6 Cross step Left over Right, step Right to side, cross step Right behind Left.

Sway, Sway, Twinkle 1/4, Twinkle Step.

- 1-3 Step Right to side as you sway to Right.
- 4-6 Step Left to side as you sway to Left.
- 1-3 Cross step Right over Left, 1/4 turn Right stepping back on Left, step Right to side. (6:00)
- 4-6 Cross step Left over Right, step Right to side, step Left to side 1/8 Left.

Step Sweep, Step Sweep, Basic Forward, Basic Back.

- 1-3 Step forward on Right sweeping Left front to back 1/8 Right.
- 4-6 Step forward on Left sweeping Right front to back. (6:00)
- 1-3 Step forward on Right, step Left next to Right, step Right next to Left.
- 4-6 Step back on Left, step Right next to Left, step Left next to Right.

1/8 Step Drag, Step 1/4 Back, Back Drag, Step 1/4 Step.

- 1-3 Making 1/8 to Left step a large step forward on Right, drag Left to Right over 2 counts (4:30)
- 4-6 Step forward Left, 1/4 turn Left stepping back on Right, step Left next to Right. (1:30)
- 1-3 Step large step back on Right, drag Left to Right over 2 counts.
- 4-6 Step back on Left, make 1/4 turn to Left stepping Right next Left, step forward on Left (10:30)

1/8 Step Drag, Step 1/4 Back, Back Drag, Coaster Step.

- 1-3 Step a large step forward on Right, drag Left to Right over 2 counts
- 4-6 Step forward Left, 1/4 turn Left stepping back on Right, step Left next to Right. (7:30)
- 1-3 Step large step back on Right, drag Left to Right over 2 counts.
- 4-6 Step back on Left, step Right next to Left, step forward Left.

Step, Spiral Full Turn, Step, Spiral Full Turn, Step 1/2 Spiral, Coaster Step.

- 1-3 Step forward on Right ,makefull spiral turn Left, step forward Left.
- 4-6 Step forward on Right, makefull spiral turn Left, step forward Left.
- 1-3 Step forward on Right ,make 1/2 spiral turn Left, sweep Left front to back. (1:30)
- 4-6 Step back on Left, step Right next to Left, step forward Left.

Step, Drag, Step, Drag, Step 1/2 Step, 1/2, 3/8, Point.

- 1-3 Large step forward on Right dragging Left to Right.
- 4-6 Large step forward on Left dragging Right to Left.
- 1-3 Step forward on Right, pivot 1/2 turn to Left, step forward on Right. (7:30)
- 4-6 1/2 turn to Right stepping back on Left, 3/8 turn Right stepping forward Right, point Left to side. (6:00)

Tag & Restart:

Wall 2... Dance Up To & Including Count 45 (Basic Forward)... Then Change 46-48 to...

- 4-6 Step back on Left, step Right next to Left, point Left to Left side... (12:00)

Then add Tag...

Twinkle Step, Twinkle 1/2, Twinkle Step, Twinkle 1/2.

- 1-3 Cross step Left over Right, step Right to Right side, step Left to side.
- 4-6 Cross step Right over Left, 1/4 turn Right stepping back on Left, 1/4 Right stepping Right to side. 1-3 Cross step Left over Right, step Right to Right side, step Left to side.
- 4-6 Cross step Right over Left, 1/4 turn Right stepping back on Left, 1/4 Right stepping Right to side.

Then Restart Dance From Beginning...

Last Update: 3 Feb 2025
