Kick Up Rocks

拍数: 32

级数: High Beginner

编舞者: Rachel Van Heest (USA) - January 2025

音乐: Kick Up Rocks - Devin Lucas

Begins on words (about 32 counts into song) Weight starts on the left

(1-8) K Step

- 1-2 Step R foot diagonally forward, L foot touch R
- 3-4 Step L foot diagonally backward (back to center), R foot touch L
- 5-6 Step R foot diagonally backward, L foot touch R
- 7-8 Step L foot diagonally forward (back to center), R foot touch L

(9-16) R Rock recover, Shuffle 1/2 turn, L Rock recover, L Coaster Step

- 1-2 Step forward on R, recover back onto R
- 3&4 Shuffle ¹/₂ turn to the R, step R, L, R
- 5-6 Step forward on L, Recover back onto L
- 7&8 Step backwards with L, R touch to L, step L foot forward.

(17-24) R cross flick FWD, R cross flick behind, R Vine with jump

- 1-2 Touch R out to R side, flick R heel forward and over L leg;
- 3-4 Touch R out to R side, flick R heel behind and over L leg
- 5-8 Step R foot to the R, step L behind R, step R foot to the R, and jump together.

(25-32) L side touch, L Slide, 1/8 Paddle turn x2

- 1-2 Step L to the side, bring it back to center
- 3-4 Step L to the side, slide R to touch L
- 5-6 Step R slightly forward making a 1/8 turn L
- 7-8 Step R slightly forward making a 1/8 turn L (to 9:00 wall)





墙数:4