

# Slow Motion

拍数: 32      墙数: 4      级数: Improver  
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音乐: Slow Motion - Marshmello & Jonas Brothers



Intro : 16 counts – 1 restart wall 4 after 16 counts

## [1-8] STEP FWD R, STEP FWD L, ANCHOR STEP, ½ TURN L, ½ TURN L w/SWEEP L, BEHIND SIDE CROSS

12            Step RF forward (1), Step LF forward (2)  
3&4          Step RF behind LF (3), Recover weight on LF (&), Step RF back (4)  
56            ½ turn L, step LF forward (5), ½ turn L, step RF back with sweep LF from front to back (6)  
7&8          Cross LF behind RF (7), Step RF to R side (&), Cross LF over RF (8)

## [9-16] SWAY RLRL, CROSS SIDE BEHIND SWEEP L

12            Sway R to R side (1), Sway L to L side (2)  
34            Sway R to R side (3), Sway L to L side (4)  
56            Cross RF over LF (5), Step LF to L side (6)  
78            Cross RF behind LF with sweep LF from front to back on 2 counts (7 8)

**\*Restart here on Wall 4 facing 9:00 on 8 count Cross LF behind RF and restart the dance**

## [17-24] BEHIND SIDE CROSS ROCK L, RECOVER R , ¼ TURN L STEP FWD L, STEP FWD R, SHUFFLE L FWD

12            Step LF behind RF (1), Step RF to R side (2)  
34            Cross rock LF over RF (3), Recover on RF (4)  
56            ¼ turn L, step LF forward (5), Step RF forward (6) 09:00  
7&8          Step LF forward (7), Step RF behind LF (&), Step LF forward (8)

## [25-32] PADDLE TURN ¼ x2, JAZZBOX

12            Step RF forward (1), Pivot ¼ turn to L (2)  
34            Step RF forward (3), Pivot ¼ turn to L (4)  
56            Cross RF over LF (5), Step LF back (6)  
78            Step RF to R side (7), Step LF forward (8)

Ending Wall 8 : replace JAZZBOX by JAZZBOX ¼ TURN R to finish at 12:00

Last Update – 30 Jan. 2025 – R1