

Run to the Country (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Beginner Partner
编舞者: April Angarola (USA) - January 2025
音乐: Play Something Country (with Lainey Wilson) - Brooks & Dunn
或: Run It - Jelly Roll



Position: Commence in side-by-side or "sweetheart" position or single

(1 – 8) GRAPEVINE RIGHT, GRAPEVINE LEFT *

1 – 4 Step R to right, Step L behind R, Step R to right, Touch L next to R
5 – 8 Step L to left, Step R behind L, Step L to left, Touch R next to L

(9 - 16) SIDE SHUFFLE RIGHT, BACK LEFT, ROCK RIGHT, SIDE SHUFFLE LEFT, BACK RIGHT, ROCK LEFT (LINDY BASIC)

1 & 2 Side shuffle right, Step R to right, Step L next to R, Step R to right
3 – 4 Rock step L behind R (3rd position), rock forward onto R in-place
5 & 6 Side shuffle left, Step L to left, Step R next to L, Step L to left
7 – 8 Rock step R behind L (3rd position), rock forward onto L in-place

(17 - 24) CROSS STEP TOUCHES - CROSS RIGHT, LEFT TOE SIDE, CROSS LEFT, RIGHT TOE SIDE, CROSS RIGHT, LEFT TOE SIDE, CROSS LEFT, RIGHT TOE SIDE,

1 – 2 Step R forward cross over L, touch L toe to left side
3 – 4 Step L forward cross over R, touch R toe to right side
5 – 6 Step R forward cross over L, touch L toe to left side
7 – 8 Step L forward cross over R, touch R toe to right side

(25 – 32) 2 ROCKING CHAIRS *

1 – 4 Rock R forward, Step center on L, Rock R back, Step center on L
5 – 8 Rock R forward, Step center on L, Rock R back, Step center on L

REPEAT

*Styling options include: second grapevine can be a rolling vine, or both grapevines can be rolling vines and the second rocking chair can be 2 pivot ½ turns, or both rocking chairs can be 4 pivot ½ turns

*Styling options

(1-8) GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

1-4 ¼ turn right step on R, ½ turn right step back on L, ¼ turn right step on R, touch L toe next to R
5-8 ¼ turn left step on L, ½ turn left step back on R, ¼ turn left step on L, touch R toe next to L

(25 – 32) 4 PIVOT ½ TURNS TO LEFT*

1 – 2 Step R forward, Pivot 1/2 turn to L (12:00)
3 – 4 Step R forward, Pivot 1/2 turn to L (6:00)
5 – 6 Step R forward, Pivot 1/2 turn to L (12:00)
7 – 8 Step R forward, Pivot 1/2 turn to L (6:00)

Add your own partner fun!

Contact April and Nick Dancefix.line@gmail.com
Instagram [dancefix.line](https://www.instagram.com/dancefix.line)
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