

Snake

拍数: 84 墙数: 2 级数: Phrased Improver
编舞者: Astri Dwi (INA) - January 2025
音乐: Snake - Nora Fatehi & Jason Derulo



SEQUENCE : ABAAAABACA

PART A.16 C

S1. CROSS SAMBA , SAILOR STEP

1 a 2 Cross R over L - Rock L to side - Recover on R
3 a 4 Cross L over R - Rock R to side - Recover on L
5 & 6 Turn 1/4 Right step R behind L - Step L to side - Recover on L
7 & 8 Step L behind R - Step R to side - Recover on L

S2. DIAMOND, CROSS MAMBO

1&2& Cross R over L - Turn 1/8 Right - Step L to side - Step R back - Hitch L knee up
3 & 4 Step L back - Turn 1/8 right step R to side - Step L forward
5 & 6 Cross R over L - Recover on L - Step R to side
7 & 8 Cross L over R - Recover on R - Step L to side

PART B 16 C

S1. HIPS BUMBS, ROLL HIPS

1 - 2 Bump hips to the Right - Bump hips to the Left
3 - 4 Roll hips R to L
5 - 6 Bump hips to the Left - Bump hip to the Right
7 - 8 Roll hips L to R

S2. HIPS BUMBS, ROLL HIPS

1 - 2 Bump hips to the Right - Bump hips to the Left
3 - 4 Roll hips R to L
5 - 6 Bump hips to the Left - Bump hip to the Right
7 - 8 Roll hips L to R

PART C 52 C

S1. HIPS SWAY WITH ARMS MOVEMENT

1 - 8 Circle arms to sides bringing hands together in prayer position

S2. HIPS BUMBS

1 & 2 Bump hips to the RLR
3 4 Bump hips to the R (2x)
5 & 6 Bump hips to the LRL
7 8 Bump hips to the L (2x)

S3. CONTINUOUS ROCKING CHAIR, PADDLE TURN 1/4 LEFT (2X), CHASSE TURN 1/2 LEFT

1&2&3&4 Step R forward - Recover on L - Step R back - Step R forward - Recover on L - Step R back
5&6&7&8 Step R forward - Turn Left 1/4 - Weight on L - Step R forward - Turn left 1/4 - Weight on L -
Step R forward - Turn left 1/2 Step R together

S4. CONTINUOUS ROCKING CHAIR, PADDLE TURN 1/4 RIGHT (2X), CHASSE TURN 1/2 RIGHT

1&2&3&4 Step L forward - Recover on R - Step L back Step L forward - Recover on R - Step L back
5&6&7&8 Step L forward - Turn right 1/4 - weight on R - Step L forward - Turn right 1/4 weight on R -
Step L forward - Turn right 1/2 step L together

S5. CONTINUOUSLY CROSS SHUFFLE (R & L)

- 1&2&3&4 Cross R over L - Step L to side - Cross R over L - Step L to side - Cross R over L - Step L to side - Cross R over L
- 5&6&7&8 Cross L over R - Step R to side - Cross L over R - Step R to side - Cross L over R - Step R to side - Cross L over R

S6. CROSS MAMBO, MAMBO TURN 1/2 (2X)

- 1 & 2 Cross R over L - Recover on L - Step R to side
- 3 & 4 Turn 1/4 right step L forward - recover on R - Turn 1/4 right step L together
- 5 & 6 Cross R over L - Recover on L - Step R to side
- 7 & 8 Turn 1/4 right Step L forward - Recover on R - Turn 1/4 right step L together

S7. ARMS MOVEMENTS

- 1 - 4 Both hands up and then opened

Enjoy the dance ☐☐

Last Update – 23 Jan. 2025 – R1
