Shout! Shout! (Knock Yourself Out)



拍数: 32 墙数: 4 级数: Beginner

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音乐: Shout Shout (Knock Yourself Out) - Ernie Maresca: (Album: Shout! Shout!

(Knock Yourself Out))



Starting point: At about 0:10.

SIDE TOUCHES, SIDE, TOGETHER, SIDE, TOUCH

1-2 Step right to right side, touch left next to right3-4 Step left to left side, touch right next to left

5-8 Step right to right side, step left next to right, step right to right side, touch left next to right

Note: You can swing your hands to the side while taking the steps. On counts 1-2 you swing your hands right, 3-4 to the left and 5-8 you raise them slowly to your right.

SIDE TOUCHES, SIDE, TOGETHER, SIDE, TOUCH

1-2 Step left to left side, touch right next to left3-4 Step right to right side, touch left next to right

5-8 Step left to left side, step right next to left, step left to left side, touch right next to left

Note: You can swing your hands to the side while taking the steps. On counts 1-2 you swing your hands left, 3-4 to the right and 5-8 you raise them slowly to your left.

1/4 RIGHT TURNING TOE STRUT JAZZBOX

1-2	Touch right across	left.	sten	weight to	riaht
1-2	TOUCH HUIL ACIOSS	ICIL.	อเตม	WEIGHT TO	HUHL

3-4 Touch left back, step weight to left

5-6 Turn 1/4 to right and touch right forward, step weight to right

7-8 Touch left next to right, step weight to left

TWIST TO LEFT WITH HOLDS, TWIST LEFT, TOE TOUCH

1-2 Twist both heels to left, hold3-4 Twist both toes to left, hold

5-6 Twist heels to left, twist toes to left

7-8 Twist heels to left, touch right next to left (weight ends up on left)

REPEAT