

J'ai Changé

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver - Samba
编舞者: Francoise Fournier (CH) - January 2025
音乐: J'ai changé - Kendji Girac



Intro : 16 Count

CARIOCA RUN 2X

1 RF Cross over LF
2 Hold
& LF Step L
3 RF Touch diagonally L forward
4 Hold
5 RF Step R
6 LF Cross over RF
& RF Step R
7 LF Touch diagonally R forward
8 Hold (12.00)

SAMBA ROLL 3X, SAMBA WHISK

9 LF ¼ Turn L, Step forward (9.00)
& RF Step together
10 LF ¼ Turn L, Step forward (6.00)
11 RF Step R
& LF Step together
12 RF ¼ Turn L, Step backwards (3.00)
13 LF ¼ Turn L, Step L (12.00)
& RF Step together
14 LF ¼ Turn L, Step forward (9.00)
15 RF ¼ Turn L, Step R (6.00)
a LF Cross slightly behind RF
16 RF Recover weight (6.00)

CORTA JACA = SYNCOPATED ROCKING CHAIR, ¼ Turn L VOLTA, KICK BALL STEP

17 LF Heel Touch forward
& RF Recover weight
18 LF Step backwards
& RF Recover weight
19 LF Heel Touch forward
& RF Recover weight
20 LF Touch backwards
21 LF ¼ Turn L, Step forward (3.00)
& RF Step R
22 LF Cross over RF
23 RF Kick forward
& RF Step together an ball
24 LF Step forward (3.00)

SAMBA WHISK 2X, BOTAFOGOS 2X

25 RF Step R
a LF Step slightly backwards RF
26 RF Recover weight

27 LF Step L
a RF Step slightly backwards LF
28 LF Recover weight
29 RF Cross over LF
a LF Push diagonally L forward
30 RF Recover weight
31 LF Cross over RF
a RF Push diagonally R forward
32 LF Recover weight (3.00)

francoise.linedance@hotmail.com
