I Had Some Help

拍数: 32 **墙数:** 4 **级数:** Improver

编舞者: Ida mayang susanti (INA) - January 2025

音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone

***1x Restart (@wall 4 after 16 count)**

Intro 32 count, Start dance on vocal

SEC.I. GRAFEVINE R, ROLLINGVINE L

1 2 3 4	Step RF to R side (1), step LF behind RF (2), Step RF to R side (3), Step touch LF next to RF
5 6 7 8	Turn L ¼, Step LF (5) (9.00), Step RF forward ,turn 3/4 (6), Step LF to L side (7), Touch RF next to LF (8) (12.00)

SEC.II. V STEP, DIAGONAL FORWARD TOUCH, BACKWARD TOUCH

1 2 3 4	Step out diagonal RF (1), Step out diagonal LF (2), Step back to center RF (3), Step back to center LF (4)
5 6 7 8	Step out diagonal RF (5), Step touch LF next to RF (6), Step back LF (7), Step touch RF next to LF (8) turn ¼ to R (3.00).

SEC.III. SIDE TOUCH R/L, LOCKSHUFFLE FORWARD R/L

1 2 3 4	Step RF to R side (1), Step touch LF next to RF (2), Step LF to L side (3), Step touch RF next to LF
5 &6	Step RF forward diagonal (5), Stepping LF behind RF (&), Step RF forward diagonal (6)
7 &8	Step LF forward diagonal (7) Stepping RF behind LF (&), Step LF forward diagonal (8)

SEC.IV. JAZZ BOX , SWIVEL TO L

1 2 3 4	Cross RF over LF (1), Step back LF (2), Step RF to R side (3), Step LF close to RF (4)
5 6 7 8	Swivel heels together to L side (5), Swivel together toes to L (6), Swivel heels together to L side (7), Swivel together toes to L (8)

Enjoy the dance and have fun

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