Volare AB



拍数: 32

墙数: 4

级数: Absolute Beginner

编舞者: Shanthie De Mel (AUS) - January 2025

音乐: Volare (Cha Cha Cha / 30 BPM) - Ross Mitchell, His Band and Singers

Intro: 12 Count. Begin on lyrics. No Tags. No Restarts. 120 BPM. Left rotation. Do your own styling.

[1-8] SIDE. FLICK. CROSS. HOLD. BACK. RECOVER. SHUFFLE FORWARD.

- 1, 2 Step R to right side. Flick L out.
- 3, 4 Cross L over R. Hold.
- 5, 6 Rock R back. Recover L.
- 7&8 Shuffle forward R-L-R. (12:00)

[9-16] SIDE. FLICK. CROSS. HOLD. BACK. RECOVER. SHUFFLE FORWARD.

- 1, 2 Step L to left side. Flick out R.
- 3&4 Cross R over L. Hold.
- 5, 6 Rock L back. Recover R.
- 7, 8 Shuffle forward L-R-L. (12:00)

[17-24] FORWARD. TURN 1/2 LEFT. SHUFFLE FORWARD.

- 1, 2 Step R forward. Turn 1/2 left on L. (6:00)
- 3&4 Shuffle forward R-L-R.
- 5&6 Shuffle forward L-R-L.
- 7&8 Shuffle forward R-L-R. (6:00)

Another option: Do a Rolling Shuffle after turning 1/2 left.

[25-32] FORWARD. RECOVER. BACK. HOLD. BACK. TURN 1/ RIGHT. TOUCH. HOLD.

- 1, 2 Rock L forward. Recover R.
- 3, 4 Step L back. Hold.
- 5, 6 Step R back. Turn ¼ right on L. (9:00)
- 7, 8 Touch R to L. Hold. (9:00)

Enjoy the dance. Stay happy!

