

Ship Shape

拍数: 32 墙数: 4 级数: Absolute Beginner
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音乐: I Was On a Boat That Day - Old Dominion



Intro: 32 counts (start on vocals, approx 00:18)

Section 1: Shoop Steps – R & L while swinging arms

- 1 2 - Step R forward on R diagonal (1), step L next to R (2)
- 3 4 - Step R forward on R diagonal (3), brush L next to R (4)
- 5 6 - Step L forward on L diagonal (5), step R next to L (6)
- 7 8 - Step L forward on L diagonal (7), brush R next to L (8)

Section 2: Back touches with claps

- 1 2 - Step R back on R diagonal (1), touch L next to R and clap hands (2)
- 3 4 - Step L back on L diagonal (3), touch R next to L and clap hands (4)
- 5 6 - Step R back on R diagonal (5), touch L next to R and clap hands (6)
- 7 8 - Step L back on L diagonal (7), touch R next to L and clap hands (8)

Section 3: Grapevine R, Grapevine ¼ L, Scuff

- 1 2 3 4 - Step R to R side (1), step L behind R (2), step R to R side (3), touch L next to R (4)
- 5 6 7 8 - Step L to L side (5), step R behind L (6), turn ¼ L stepping forward on L (7), scuff R next to L (8)

Section 4: Slow Jazz-box Cross

- 1 2 3 4 - Cross R over L (1), hold (2), step back on L (3), hold (4)
- 5 6 7 8 - Step R to R side (5), hold (6), cross L over R (7), hold (8)

* More experienced beginners may wish to do toe struts in their jazzbox

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