Days Turn Into Nights

级数: Absolute Beginner

拍数: 32 编舞者: Sue Korek (USA) - January 2025 音乐: Old Days - Chicago 或: Turn! Turn! Turn! - The Byrds

Alternate Music:

Turn, Turn, Turn (The Byrds--6 December 1965) Intro: 32 counts, bpm=125

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Section 1 (WALK FORWARD, KICK, WALK BACK, KICK)

- Step R forward, step L forward 1-2
- 3-4 Step R forward, kick L forward
- 5-6 Step R back, step L back
- 7-8 Step L back, kick R forward

Section 2 (ROCKING CHAIR, JAZZ BOX CROSS)

- 1-2 Rock R forward, recover L
- 3-4 Rock R back, recover L
- 5-6 Step R across L, step L back
- 7-8 Step R to right, cross L over R

Section 3 (VINE RIGHT, VINE LEFT ¼ TURN LEFT)

- Step R to right side, step L behind R, 1-2
- 3-4 Step R to right side, touch L beside R
- 5-6 Step L to left side, step R behind L
- 7-8 Turn ¼ step L, touch R beside L

Section 4 (K-STEP, BRUSH R)

- 1-2 Step R diagonally forward, touch L beside R
- 3-4 Step L diagonally backward, touch R beside L
- 5-6 Step R diagonally backward, touch L beside R
- 7-8 Step L diagonally forward, brush R

Enjoy this fun Absolute Beginner dance!

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