

# Into The Sunlight

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Sebastiaan Holtland (NL) - January 2025  
音乐: I Rise - Pentatonix



**\*\* 2 restarts and 1 easy tag of 4 counts.**

**Intro: slow 8 cts, start after the word Ooh" (06 secs).**

**S1. 1-8 R Side, L Rock Behind, R Side ¼ R, L Back with R Sweep ½ R, R Behind, L Side, R Cross, L Side, R Cross, L Recover, R Side, L Cross.**

1,2&                      RF step right (1), LF rock behind RF (2), RF recover ¼ right (3.00) (&).  
3                              LF step back ½ right (9.00) and sweep RF from front to back (3).  
4&5                      RF step behind LF (4), LF step left (&), RF step across LF (5).  
&6                              LF step left (&), RF step across LF (6).  
7&8                      LF recover (7), RF step right (&), LF step across RF (8).

**(NB: Restart here in wall 2 after 8 counts, after start again).**

**S2. 9-16 R Half Syncopated Rumba Box, L Recover with R Sweep, R Behind with L Sweep, L Sailor Step, Swivet Step.**

1&2                      RF step right (1), LF step beside RF (&), RF step fwd (2).  
3,4                              LF recover and sweep RF from front to back (3), Rf step behind LF and sweep LF from front to back (4).  
5&6                      LF step behind RF (5), RF step right (&), LF step left (6).  
7&8                      RF step slightly beside LF and swivet L toe to left and R heel to right and take weight onto Lf (7&8).

**(NB: 2  
nd Restart here in wall 4 after 16 counts, after start again).**

**S3. 17-24 R Step, L Hitch, L Step, R Hitch, R Fwd Rock & Side, ½ Triple Turn to R, R Step, L Hitch, L Step.**

1&2&                      RF step fwd (1), LF hitch L knee up (&), LF replace (2), RF hitch L knee up (&).  
3&4                              RF rock fwd (3), LF recover (&), RF step right (4).  
5&6                              ½ triple turn left (3.00) ending weight onto LF (5&6).  
7&8                              RF step fwd (7), LF hitch L knee up (&), LF replace (8).

**S4. 25-32 R Kick & Side Rock, L Kick & Point ¼ L, R Knee Lift Diag, Slide Left, L Together, R Cross, L Step ¼ L.**

1&2&                      RF kick fwd (1), RF replace (&), LF rock left (2), RF recover (&).  
3&4&                      LF kick fwd ¼ turn L (12.00) (3), LF replace (&), RF point out right (4), RF lift L knee up diagonal (&).  
5,6                              RF big step side drag RF towards LF over 2 counts (5,6).  
&7,8                      LF step beside RF (&), RF step across LF (7), LF step fwd ¼ left (9.00) (8).

**(NB 4 count tag here ending wall 7 after 32 counts, after start again).**

**TAG:**

**[1-4] R Big Side Step, L Rising Hitch, L Big Side Step, R Rising Hitch.**

1,2                              RF big step right (1), LF rising knee up (2).  
3,4                              LF big step left (3), RF rising knee up (4).

**REPEAT THE DANCE AND HAVE FUN!!**