

# Wreck

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sonny V. (DE) - January 2025  
音乐: Wreck - Tom Gregory



Intro: 16 counts – start with lyrics

2 Restarts, 1 Tag\*

## [1-8] Heel Strut 2x, Shuffle Fwrd., Fast Rocking Chair, Step ½ Turn, Ball

1&2&      touch R heel fwd. – drop down RF – touch L heel fwd. – drop down LF  
3&4      step RF fwd. – step LF next to RF – step RF fwd.  
5&6&      rock LF fwd. – recover on RF – rock LF back – recover on RF  
7–8&      step LF fwd. – ½ turn right step on RF (6:00) – step L ball next to RF

## [9-16] Cross, Side, Heel, Ball, Cross, Side, Heel, Ball, Walk 4x circling ¾ right

1&2&      cross RF over LF – LF step left – touch R heel out fwd. – step R ball next to LF  
3&4&      cross LF over RF – RF step right – touch L heel out left – step L ball next to RF  
5-6      walk RF fwd. turning ¼ right (9:00) – walk LF fwd. turning ¼ right (12:00)  
7-8      walk RF fwd. turning ¼ right (3:00) – walk LF fwd.

Restart here in Wall 2 (12:00) and Wall 6 (6:00)

## [17-24] Mambo Step, Anchor Step, Coaster Cross, Side Rock Cross

1&2      rock RF fwd. – recover on LF – RF step back  
3&4      step LF back – step RF in place – step LF in place  
5&6      step RF back – step LF next to RF – cross RF over LF  
7&8      rock LF to left side – recover on RF – cross LF over RF

## [25-32] Side Rock Cross Shuffle, Side, ½ Turn Right with Rock Right, Rec., Rock Back, Rec.

1&2&      rock RF to right side – recover on LF – cross RF over LF – L ball step slightly left  
3–4      cross RF over LF – step LF left  
5–6      ½ turn right ending with rock to the right (9:00) – recover on LF  
7–8      rock RF back – recover on LF

## \*Tag at the end of Wall 4 (6:00) – 4 counts: V-Step (fwd. on heels)

1–2      step right out forward on R heel – step left out fwd. on L heel  
3–4      step RF back in – step LF back next to RF

Start again and have fun!

Your feedback is welcome on this channel or just mail to  
s.vocke@gmx.net