

Flowers Cha Cha

拍数: 52 墙数: 4 级数: Improver
编舞者: Chany Jung (KOR) - January 2025
音乐: Flowers - Miley Cyrus



Start dance on word "Good"

* 1 Restart! You're Welcome.

S1: WALK R-L, SHUFFLE, L CROSS ROCK, RECOVER, CHASSE LEFT

1-2 Step R forward, Step L forward
3&4 Step R forward, Step L next to R, Step R forward
5-6 Cross rock L over R, Recover on R
7&8 Step L to L, Step R next to L, Step L to L

S2: R CROSS ROCK, RECOVER, CHASSE RIGHT, STEP, PIVOT 1/2, L SHUFFLE

1-2 Cross rock R over L, Recover on L
3&4 Step R to R, Step L next to R, Step R to R
5-6 Step L forward, Pivot 1/2 R
7&8 Step L forward, Step R next to L, Step L forward

S3: CROSS, SIDE ROCK, RECOVER, (CROSS, SIDE) x4, Cross

1&2 Cross R over L, Rock L to L, Recover on R
3-4 Cross L over R, Step R to R
5&6& Cross L over R, Step R to R, Cross L over R, Step R to R
7&8 Cross L over R, Step R to R, Cross L over R

S4: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER 1/4, L SHUFFLE

1-2 Rock R to R, Recover on L
3&4 Cross R behind L, Step L to L, Cross R over L
5-6 Rock L to L, 1/4 R recovering on R
7&8 Step L forward, Step R next to L, Step L forward

S5: (SIDE ROCK, RECOVER, TRIPPLE STEP) R-L

1-2 Rock R to R, Recover on L
3&4 Step R next to L, Step L on place, Step R on place
5-6 Rock L to L, Recover on R
7&8 Step L next to R, Step R on place, Step L on place

S6: ROCK, RECOVER, 1/2 R SHUFFLE, STEP, PIVOT 1/2, L SHUFFLE

1-2 Rock R forward, Recover on L
3&4 1/4 turn R stepping R to R, Step L next to R, 1/4 turn R stepping R forward
5-6 Step L forward, Pivot 1/2 R
7&8 Step L forward, Step R next to L, Step L forward

S7: SWAY R-L-R-L

1-2 Step R to R, Sway R-L
3-4 Sway R-L

Restart: After 16 counts of Wall 3 (facing 12:00)

I hope you enjoy it with a smile!!

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Last Update: 15 Jan 2025
