

Electric Vibe

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Make a Move - 2341studios : (iTunes & Amazon)



Intro: 8 counts (from first beat. Start on Lyric's One, Two)

Out. Out. Back Shuffle. Back Rock. Full Turn Forward.

1 – 2 Step forward and Out on Right. Step Forward and Out on Left.
3&4 Step back on Right. Close Left next to Right. Step back on Right.
5 – 6 Rock back on Left. Recover on Right.
7&8 1/2 turn Right stepping back on Left. 1/2 Right stepping forward on Right. (12:00)

Cross Rock. Syncopated Touch Back X2. 1 ¼ Rolling Vine Left. Together/Dip.

1 – 2 Cross rock Left slightly over Right. Recover on Right.
&3 Step Left back to Left diagonal. Touch Right next to Left.
&4 Step Right back to Right diagonal. Touch Left next to Right.
5 – 6 Turn 1/4 Left stepping Left forward. Turn 1/2 Left stepping Right back.
7 – 8 Turn 1/2 Left stepping Left forward. Touch Right beside Left with a slight dip. (9:00)

Forward Rock. & Heel. Hip Bump/Shoulder Push. Ball-Rock. Shuffle 1/2 Turn Right.

1 – 2 Rock forward on Right. Recover on Left.
&3 Step back on Right. Touch Left heel forward.
& Bump Left hip forward/up (Right shoulder up, Left shoulder down)
4 Lower Right hip down (Right shoulder down, Left shoulder up)
&5-6 Close Left next to Right. Rock forward on Right. Recover on Left.
7&8 Shuffle 1/2 turn Right stepping: Right, Left, Right. (3.00)

Forward Rock. & Heel. Hip Bump/Shoulder Push. Ball-Rock. Triple 3/4 turn Left.

1 – 2 Rock forward on Left. Recover on Right.
&3 Step back on Left. Touch Right heel forward
& Bump Right hip forward/up (Left shoulder up, Right shoulder down)
4 Lower Left hip down (Right shoulder up, Left shoulder down)
&5-6 Close Right next to Left. Rock Left forward. Recover weight on Right.
7&8 Triple 3/4 Turn Left stepping: Left, Right, Left. (6.00).

***Wall 2: Replace Sections 5&6 with the 16 count Bridge (see below) and continue dance.**

****Wall 4: Restart Here**

Step. Kick. Back. Right Coaster Step. Pivot 1/2 Turn. Right Triple Forward.

1 – 3 Step Right forward. Kick Left forward. Step back on Left.
4&5 Step Right back. Close Left beside Right. Step forward on Right.
6 Pivot 1/2 Left.
7&8 Triple step travelling forward (small shuffle): Stepping: Right, Left, Right. (12.00)

Jazz Box 1/4 Turn. Heel and Toe Twist Left. Hitch.

1 – 4 Cross Left over Right. Turn 1/4 Left stepping back on Right. Step Left to Side. Cross Right over Left. (9.00)
5 – 6 Step Left together with Right. Twist both heels Left.
7 – 8 Twist both toes Left. Twist both heels Left hitching Right knee up (slightly facing Right diagonal).

***Note: Counts 5 – 8 should travel Left.**

Back Rock. 1/4 Turn Shuffle forward. 1/4 Shuffle Turn. 1/4 Shuffle Turn.

- 1 – 2 Rock Right back behind Left. Recover forward on Left.
- 3&4 Turn 1/4 Turn Right stepping Right forward. Close Left beside Right. Step Right forward. (12.00)
- 5&6 Turn 1/4 Turn Right stepping Left forward. Step Right beside Left. Step forward on Left. (3.00)
- 7&8 Turn 1/4 Turn Right stepping Right forward. Close Left beside Right. Step Right forward. (6.00)

Choreographers Note: Counts 3 – 8 should be a 3/4 Turn circular motion around to the Right.

Forward Rock. Left Coaster Step. Step. Pivot 1/2 Turn Left X2.

- 1 – 2 Rock Left forward. Recover weight on Right.
- 3&4 Step Left back. Step Right beside Left. Step forward on Left.
- 5 – 8 Step Right forward. Pivot 1/2 turn Left. Step Right forward. Pivot 1/2 turn Left. (6:00)

***Bridge (16 Counts): To replace Sections 5&6 during wall 2**

Stomp. Hold. Stomp. Hold. Step. Pivot 1/2 turn Left/ Walk Forward X2.

- 1 – 2 Stomp Right forward (slightly angle body to Left diagonal) Hold.
- 3 – 4 Stomp Left forward (slightly angle body to Right diagonal). Hold.
- 5 – 6 Step Right forward. Pivot 1/2 Turn Left.
- 7 – 8 Walk forward Right. Walk forward Left. (6.00)

Stomp. Hold. 1/2 Turn Stomp. Hold. 1/4 Side Rock. Cross. Side.

- 1 – 2 Stomp Right forward (slightly angle body to Left diagonal) Hold. (6.00)
- 3 – 4 Turn 1/2 turn Right stomping Left foot back. Hold. (12.00)
- 5 – 6 Turn 1/4 Right rocking Right out to Right side (3.00). Recover weight on Left.
- 7 – 8 Cross Right over Left. Step Left out to Left side. (3.00).

Continue from section 7 of the dance.

****Restart – During Wall 4, dance 32 counts and restart the dance facing 12.00 Wall.**

Check out “Make A Move” By Rob Fowler if you are looking for a Beginner Level dance to the same track.
