# **Bella Ciao EZ**

拍数: 32

级数: Beginner

编舞者: Diana Liang (CN) - January 2025

音乐: Bella Ciao - Esteriore Brothers

### Intro: 16

- S1: Forward Point, Mambo, Sit
- step Rf forward, point Lf to L, step Lf forward, point Rf to R 1-4
- 5-8 rock Rf forward, recover to Lf, step Rf back, point Lf in front of Rf benting R knee

### S2: Forward, Hold, 1/4L Pivot, Weave

- 1-4 step Lf forward, hold, step Rf forward, turn 1/4 to L stepping Lf in place, 9H
- 5-8 cross Rf over Lf, step Lf to L, step Rf behind Lf, step Lf to L
- Restart here during W3 / W7

## S3: Cross Rock Recover Side Drag, Cross Back Side Drag

- 1-4 cross rock Rf over Lf, recover to Lf, step Rf big to R, drag Lf towards Rf
- 5-8 cross Lf over Rf, step Rf back, step Lf big to L, drag Rf towards Lf

### S4: Forward Hold 1/2R Pivot, Mambo Hook

- 1-4 step Rf forward, hold, step Lf forward, turn 1/2 to R stepping Rf in place, 3H
- 5-8 rock Lf forward, recover to Rf, step Lf back, hook Rf over Lf

Tag here 4C after W5, moves @ the choice of dancers Suggestions: hands shake, hug-bye, or exchange position with other dancers

Thanks and happy dancing! Contact: procankm@hotmail.com

Please check with copperknob for other 2 improver level choreographies





墙数: 4