

S4s Like Clockwork

COPPER KNOB
BY SHEETS

拍数: 72 墙数: 2 级数: Advanced
编舞者: Jamie Grundy (USA) - January 2025
音乐: Here We Go (Uh Oh) - Coco Jones



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts when singing starts.

PART 1: 16 COUNTS ACCOMPANIES SLOW BEAT SINGING FORWARD STRUTS, ROCK STEP, BACK STRUT, EASY HALF TURN RIGHT

1 2 3 4 Forward on right, left, right, left – strut it!
5 6 7 8 Rock up on right, back on left, right behind left start easy right turn, complete half turn weight on left

REPEAT STEPS 1 – 8 ABOVE

PART 2: 40 COUNTS ACCOMPANIES SINGING THAT PICKS UP THE BEAT STEP SIDE ROCKS

1 2& 3 4& Step forward on right, side rock left, step forward on left, side rock right
5 6& 7 8& Repeat steps 1 – 4&

BACK STEP HIP ROCKS

1 2 3 4 Step back on right, hip roll/dip, step back on left, hip/dip
5 6 7 8 Repeat steps 1 - 4 above

SIDE PUSH, SAILORS

1 2& uh 3 4&uh Push on right, step right, left, right (right sailor angling to face left)
5 6& uh 7 8&uh Push on left, step left, right, left (left sailor angling to face right)

ROCK FORWARD, CHAS HALF TURN RIGHT, ROCK FORWARD, BEHIND SIDE CROSS

1 2& uh 3 4&uh Push on right, step right, left, right (right sailor angling to face back diagonal)
5 6& uh 7 8&uh Push on left, step left, right, left (left sailor angling to face right diagonal)

ACCOMPANIES SINGING “I TRIED AND I TRIED AND I TRIED AND I TRIED...”

ROCK FORWARD, RECOVER, BEHIND SIDE STEP IN PLACE, DRAGS, EASY HALF TURN LEFT

1 2& uh Push on right, step right, left, right (right sailor angling to face left)
3 4 Point left to left, point right to right
5 6 Point left forward, point right forward
7 8 Right foot behind left to start easy turn to left, complete easy turn weight on left

PART 3: 16 COUNTS ACCOMPANIES FAST SYNCHOPATED SINGING AND “UH OH”

SMALL V STEP, TIC STEPS, PARTIAL GRAPEVINE RIGHT

1& uh 2&uh Step up on right, up on left, back on right, back on left, up on right, tic left
3& uh 4&uh Step on right, step on left, up on left, tic right, step on left, step on right
5& uh 6&uh Step on right, behind left, side right, left in front, point right side, step right in
7& 8& Step on right, step on left quarter turn left to face, repeat quarter turn to face back

REPEAT PART 3 ABOVE ENDING FACING FRONT

ACCOMPANIES SINGING “OH...”

SINGLE, SINGLE, DOUBLE SIDE HIP ROLLS

9 10 11 12 Swing hips right for 2, swing left for 2

13 14 15 16 Swing hips for 4

REPEAT STEPS 9 - 16 ABOVE STARTING WITH LEFT HIP SWING

REPEAT STEPS 1 – 8 PART 3 ABOVE

REPEAT THE ENTIRE DANCE STARTING AT BACK TO END FACING FRONT

REPEAT DANCE ENDING WHERE MUSIC STOPS WITH A POSE

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