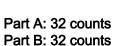
Talk to Me Girl



编舞者: Raegan Kalasz (USA) - November 2023

音乐: The Way I Are (feat. Keri Hilson & D.O.E.) (Timbaland vs. Nephew) - Timbaland

featuring D.O.E. & Keri Hilson



Intro: 32 counts (after initial beat drop, start dance on the lyrics)

Sequence: AAB AAB AAA

Part A: 32 counts

[1-8] ½ Turn Chug L, ½ Turn Chug R, Hitch R, ¼ Turn Hitch R, Jump Out and In

&1,2 Press RF to R side, recover onto LF with ¼ R over R shoulder, Press RF to R side, recover

onto LF with 1/4 R over R shoulder

&3,4 Press LF to L side, recover onto RF with ¼ L over L shoulder, Press LF to L side, recover

onto RF with 1/4 L over L shoulder

5, 6 Lift R knee beside LF, turn ¼ R lifting R knee beside LF

7, 8 Jump both feet out shoulder-width apart, feet collect together (weight LF)

[9-16] Kick Ball Point R, Kick Ball Point L, R Turning Grapevine ¼, Reverse Body Roll

1&2 Kick RF forward, step RF in place (&), point L toes to L side 3&4 Kick LF forward, step LF in place (&), point R toes to R side

5&6& step R diagonally behind L, step L to L side making ¼ turn L, step R forward, step LF

together

7, 8 body roll from bottom to top/knees to head

[17-24] Rocking Chair R, Wizard R, Wizard L

1, 2 Rock R forward, Recover onto L3, 4 Rock R back, Recover onto L

5&6 Step RF diagonally forward, step LF behind RF (lock), step RF diagonally forward 7&8 Step LF diagonally forward, step RF behind LF (lock), step LF diagonally forward

[25-32] ½ Pivot L, Heel Pop, Jump Out, Cross R Over L, ¾ Turn L Unravel

1, 2 Step RF forward, pivot ½ turn over L shoulder, (shift weight L)
3&4 Step RF together, lift heels up bending at the knees, heels back down
5, 6 Jump both feet out shoulder-width apart, jump feet together R in front of L

7, 8 Unravel turn 3/4 over L shoulder, weight on LF

Part B: 32 counts

[1-8] Applejacks R L R R, Heel Jack L, Heel Jack R,

1&2& R heel forward fanning R toes out to R side whilst turning L heel in, return both heel and toes to centre, L heel forward fanning L toes out to R side whilst turning L heel in, return both heel

and toes to center

R heel forward fanning R toes out to R side whilst turning L heel in, return both heel and toes

to center, R heel forward fanning R toes out to R side whilst turning L heel in

&5&6 Shift weight to RF, cross L over R, step RF to the side, touch L heel diagonally in front

&7&8 Step LF next to RF, cross RF over LF, step L foot out to the side, touch R heel diagonally in

front

[9-16] Sailor R, Sailor L, Pivot R 1/2 (L), Full Spin (L) over L shoulder

1&2 Cross RF behind LF, step LF to L side (&), step RF to R side 3&4 Cross LF behind RF, step RF to R side (&), step LF to L side

	5, 6	Step RF forward, turn ½ L over L shoulder
	7, 8	Make a full spin L over L shoulder for 2 counts bringing RF beside LF
[17-24] Applejacks R L R R, Heel Jack L, Heel Jack R,		
	1&2&	R heel forward fanning R toes out to R side whilst turning L heel in, return both heel and toes to centre, L heel forward fanning L toes out to R side whilst turning L heel in, return both heel and toes to center
	&3&4	R heel forward fanning R toes out to R side whilst turning L heel in, return both heel and toes to center, R heel forward fanning R toes out to R side whilst turning L heel in
	&5&6	Shift weight to RF, cross L over R, step RF to the side, touch L heel diagonally in front
	&7&8	Step LF next to RF, cross RF over LF, step L foot out to the side, touch R heel diagonally in front
[25-32] Sailor R, Sailor ¼ L, ½ Turn L, Hip Shake x2		
	1&2	Cross RF behind LF, step LF to L side (&), step RF to R side
	3&4	Cross LF behind RF, step RF to R side (&), step LF to L side turning 1/4 L
	5, 6	Turn ½ over L shoulder to step back on RF, drag LF together to RF
	7, 8	Shake hips x2 (weight ends on RF)