

# Bless You (祝福你)

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Phrased Intermediate  
编舞者: Angel Chia (SG) - January 2025  
音乐: Bless You (Cantonese) - Warner All Stars



Sequence: AAB, AAC, AB, AAB, AACC

Intro: 32 counts

## Part A – 16C

**Sec 1 Forward Heel R, Side Heel R, Behind Side Cross (R over L), Forward Heel L, Side Heel L, Behind Side Cross (L over R)**

1-2            Step forward with R heel, touch R heel to side R (12:00)  
3&4           Step R behind left, step L to side L, cross R over L (12:00)  
5-6           Step forward with L heel, touch L heel to side L (12:00)  
7&8           Step L behind R, step R to side R, cross L over R (12:00)

**Sec 2 Forward, Recover, Triple Full Turn R, Forward, Recover, Triple Full Turn L**

1&2           Step forward R, recover L (12:00)  
3&4           Triple Full Turn R (Run RLR in a circle) 12:00  
5-6           Step forward L, recover R (12:00)  
7&8           Triple Full Turn L (Run LRL in a circle) 12:00

## Part B – 32C

**Sec 1 Forward Heel R, Hold, Back Touch R, Hold, 1/4 Turn R (Run RLRL)**

1-2           Forward R heel, hold (2) (12:00)  
3-4           Touch back with RF, hold (4) (12:00)  
5-8           Turn 1/4R and run forward (R-L-R), Hold (8) ~ creating a smooth curving motion (3:00)

**Sec 2 Forward Heel R, Hold, Back Touch R, Hold, 1/4 Turn R (Run RLRL)**

1-2           Forward L heel, hold (2) (3:00)  
3-4           Touch back with L, hold (4) (3:00)  
5-8           Turn 1/4R and run forward (L-R-L), Hold (8) ~ creating a smooth curving motion (6:00)

**Sec 3 Back R-L-R, lift L, Back L-R-L, lift R**

1-4           Step back R-L-R, lift L knee (6:00)  
5-8           Step back L-R-L, lift R knee (6:00)

**Sec 4 Side R, kick L; side L, kick R, 1/2 turn R, run in circle (R-L-R-L)**

1-4           Side R, Kick L across R, Side L, Kick R across L (6:00)  
5-8           1/2Turn R - Run in semi-circle RLRL (12:00)

## Part C – 16C

**Sec 1 Forward R, Lock L, Forward R, Back Flick L, Forward L, Lock R, Forward L, Back Flick R**

1-4           Step forward R, Lock L behind R, Step forward R, Flick L Back (1.30)  
5-8           Step forward L, Lock R behind L, Step Forward L, Flick R Back (10.30)

**Sec 2 Side R, flick L, side L, flick R, 1/2 turn R, run in circle (R-L-R-L)**

1-4           Step R to side R, Back flick L, step L to side L, Back flick R (12:00)  
5-8           1/2 turn R run in semi-circle (R-L-R-L) (6:00)

Happy Lunar New Year!

angeldancinz@gmail.com

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