Powerline

拍数: 64

级数: Phrased Advanced

编舞者: Brett Ruwe (USA) - January 2025

音乐: |2|- Tevin Campbell & Rosie Gaines

Sequence- A A(24 counts) Tag 1 B A(16 counts) Restart A A B A A(16 counts) Restart A A Tag 2 B B A A Introduction: 64 counts, starting on "Got"

Section A (32 counts)

[1-8] Step, Behind & Heel & Touch, Walk Back x2 Step out out, heel twist

- 1,2& Step RF to R side, step LF behind R, step RF to R side
- 3&4. Touch L heel to L diagonal, step LF in place, touch RF next to L
- 5,6. Step RF back, step LF back
- &7&8. Step RF back out R, step LF back out L, heel twist RF in and out.

[1-8] Side Rock Recover, Back side cross, 1/4 step turn, 1/2 step turn, coaster step

- 1-2. Rock RF to the R side, Recover on LF
- 3&4. Step RF behind LF, Step LF out to the L side, Cross RF over LF
- 5-6. Step LF 1/4 turn facing 9 o'clock weight on LF, Step RF in front of LF 1/2 turn facing 3 o'clock weight on RF,
- 7&8. Step LF back, close RF next to L, step LF forward

[1-8] K Step with claps

- 1-4. R Slide up diagonal R, slide up L up meeting together double clap, L slide back home,R slides back home single clap
- 5-8. R Slide down diagonal R, Slide L down meeting together double clap, R slide back home, L slides back home single clap

[1-8] Wizard step, Shuffle, Jazz box turn cross

- 1,2&. Step forward R at an angle, Step/Slide L foot behind the right, Step R forward.
- 3&4. Step LF forward, close Rf to LF, step LF forward
- 5-6. Step the right foot across the left. Step back on the right foot.
- 7-8. Turning a quarter turn to the right, step forward on the right foot. Cross LF over RF

On wall number 11, (2:46) you will hear the word "STOP". After the first 4 counts, Jump back on both feet for 5, and hold for 6,7,8. Add some styling if you want to! But then continue the dance on 1.

Tag 1 (4 counts)

[1-4] Rock recover, 1/4 turn step

- 1,2. Rock RF forward, recover on LF
- 3,4. 1/4 turn over R shoulder step RF to side, close LF to RF

Section B (32 counts)

[1-8] Wobble knees/Arm Movements, Push Hop, Side kick (x2), Coaster step

&1&2. Starting with outward knees, Wobble knees out on &, and in on 1. Repeat for 2.

Bend R arm up at elbow to head on &, in a hammer motion bring down for 1, bring back up for &. Repeat for 2. Simultaneously with knees.

- &3. & Raise both hands slightly with palms open facing floor
- 3 Push palms down towards floor while hopping up as if you are pushing off an imaginary ledge.
- &4. Hop in place.
- 5,6. Kick LF to your L side 2 separate times.
- 7&8. Step LF back, close RF next to L, step LF forward

[1-8] Full turn, R Power Hitch, Slide right, 1/4 Slide L





墙数:2

- 1,2 Turning ½ Left, step RF forwards for 1, turn ½ left stepping LF forwards for 2
- 3,4. Step RF forward dragging left foot behind closing next to RF. In place, Hitch R knee while bringing elbows back to side.
- 5&6. While R knee is still in air, step RF to the R side, slide LF in closing to RF.
- 7&8. 1/4 turn over L shoulder stepping to the L side, slide RF in closing next to LF

[1-8]. Charleston, Cross point, Cross scuff hitch

- 1-4. Step R forward, kick L forward, step L back, touch R back
- 5-6. Cross RF in front of LF, Point LF out to left side
- 7-8. Cross LF in front of RF, scuff RF on R side

[1-8]. Stomp Rf/Arm movements, 1/4 Paddle turn

- 1-4. Stomp RF while crossing L arm across your chest for 1. Take L arm and swing it to your Left side for 2,3,4. (Optional to head bang at the same time)
- 5-8. Paddle turn with right leg to make a 1/4 turn to left. (Paddle turn step right toe out to right, bring knee up as you make an 1/16 of a turn to left, repeat 3 more times) (will end up facing back wall in regards to start position). You can add shoulder shrugs/shakes on the paddle turns for styling.

TAG 2 (4 counts)

[1-4] Side step/Hand movements

1,2,3,4. Simultaneously step RF to side while fanning R hand down at 6 o'clock. **Raise hand to 12 o'clock for 2,3,4**

Restarts will happen at 1:23 and 2:29

Any questions or needing help, always refer to the video or you can email me at groovyruwe@gmail.com

Last Update: 22 Jan 2025