

A Buck Short

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Day Late & A Buck Short - Julia Cole



Sequence: 32, 16 - TAG, 32, 8 - RESTART, 32, 32, 32 - TAG (plus 7 count freestyle), 32, 32

[1-8] R Slide Back, Ball Change, Scuff, Full Turn R, Rock Recover

1, 2 step back R dragging L,
& 3, 4 step L next to R, step R forward, scuff L
& 5, 6 step L, cross R diagonal behind L to unwind a full clockwise turn over R shoulder
7, 8 rock forward onto R, recover back on L

**** Restart here on Wall 4 ****

[9-16] R Coaster ¼, L Sailor ½, Scuff, Step, L Heel Twist, L Kick

1 & 2 step R back, step L out ¼ turn, step R forward
3 & 4 step L diagonal behind R making ¼ turn, step R forward, step L diagonal behind R making ¼ turn
5 & 6 scuff R, step R, touch L forward
& 7 & 8 & swivel L heel Out (&) and In (7), kick L (&), step back L (8), step out R making ¼ turn (&)

[17-24] L Front Cross x2, Hip Sway x2, Heel Jack, ¾ Turn L

1 & 2 step L across R, step R out, step L across R
3, 4. step R out while swaying hips R, sway hips L
5 & 6 step R behind L, step L out, touch R heel out
& 7, 8 step down on R, step L diagonal behind R, unwind ¾ over L shoulder (weight on L)

[25-32] Mambo R, Mambo L, Walk x2, Heel Hook

1 & 2 step R out, recover on L, step R together
3 & 4 step L out, recover on R, step L together
5, 6 step forward on R, step forward on L
7 & 8 touch R heel in front, hook R heel in front of R shin, touch R heel in front
(weight stays L)

TAG:

[1-8] Step, Heel Toe Strut, Step, Heel Toe Strut

1, 2, 3, 4 step R diagonal forward, twist L foot in Heel, Toe, Heel
5, 6, 7, 8 - step L diagonal forward, twist R foot in Heel, Toe, Heel

[9-16] Rock Recover, Ball Step Hitch Step, Heel Flick x2, Heel Twist R, Kick R

1, 2 rock R forward, recover back on L
& 3 & 4 step R together, step L forward, hitch R, step down R
5 & 6 step L out, flick R foot up behind L leg, step down R
& 7 flick L heel up behind R leg, step down L
& 8 & swivel both heels out to R, bring both heels back center, kick R forward

Last Update - 11 Jan. 2025 - R1