

Trashy Kinda Beautiful

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Stephen & Lesley McKenna (SCO) - November 2024
音乐: Trashy Kinda Beautiful - Kevin McGuire



Intro: Fast intro on the word "Say" 1 sec approx

Sec 1 R side, behind, ¼, ¼ side, behind, ¼, rock forward R, rec

1-2-3 Step R to R side, step L behind R, make ¼ R stepping forward R
4-5-6 Make ¼ R stepping L to L side, step R behind L, make ¼ L stepping forward L
7-8 Rock forward R, recover back on L

Sec 2 R back, lock, back, ½ L with L hitch, L step, lock, step, scuff

1-2-3 Step back R, cross L over R, step back R
4 Make ½ L hitching L knee up
5-6-7 Step forward L, lock R behind L, step forward L
8 Scuff R heel forward

Sec 3 Dip forward R, touch, back, touch, ¼ R dip forward R, touch, back, touch

1-2 Dip forward as you step forward R, touch L next to R,
3-4 Straighten up as you step back L, touch R next to L
5-6-7-8 Make ¼ R and repeat counts 1-4

Sec 4 Step R side, L kick, rock back, rec, step L side, R kick, rock back, rec

1-2-3-4 Step R to R side, low kick L to L diagonal, rock back L, recover R
5-6-7-8 Step L to L side, low kick R to R diagonal, rock back R, recover L

Sec 5 R monetary ½ R, V step

1-2 Point R toe to R side, make ½ R stepping R next to L
3-4 Point L toe to L side, step L next to R
5-6 Step R forward to R diagonal, step L forward to L diagonal
7-8 Step R back and centre, step L back next to R

Sec 6 R diag forward, touch, L diag back, touch, swivel both heels R x2

1-2 Step R forward to R diagonal, touch L next to R
3-4 Step L back to L diagonal, touch R next to L
5-6 Swivel both heel to R, swivel both heels back in place
7-8 repeat count 5-6

Sec 7 R step, lock, step, L step, lock, step, rock forward, rec

1-2-3 Step forward R, lock L behind R, step forward R
4-5-6 Step forward L, lock R behind L, step forward L
7-8 Rock forward R, recover back on L

Sec 8 Step/dip back R, touch L forward, step/dip back L, touch R forward, step out R-L, bounce heels x2

1-2 Step back R as you dip down slightly, straighten up as you touch L toe forward
3-4 Step back L as you dip down slightly, straighten up as you touch R toe forward
5-6 Step out R to R side, step out L to L side (shoulder width apart)
7-8 Raise both heels then tap both heels down x2

Tag 1: To be danced at the end of wall 1 facing 6 O'clock.

Sec 1 R grapevine, L grapevine

1-2-3-4 Step R to R side, step L behind R, step R to R side, touch L next to R

5-6-7-8 Step L to L side, step R behind L, step L to L side, touch R next to L

Sec 2 Pivot ½ L x2, step out R-L, bounce heels x2

1-2-3-4 Step forward R, make ½ L stepping L, step forward R, make ½ L stepping L

5-6 Step out R to R side, step out L to L side (shoulder width apart)

7-8 Raise both heels then tap both heels down x2

Tag 2: Dance section 2 of Tag 1- To be danced at the end of wall 3 facing 6 O'clock.

Hope you enjoy!

Contact Stephen: stephen-edward-mckenna@sky.com
