Bi SaRaHa



编舞者: Andrico Yusran (INA) - January 2025

音乐: Abeer Nehme - Bi Saraha | عبير نعمة - بصراحة



Restart: On wall 3 & 7 after 16 counts

Start dance after intro music 16 counts

S1. *WALK - WALK - BASIC NIGHT CLUB - SWAY (R-L)*

1-2 Step R forward, 1/2 turn to L recover

3-4-& Slightly R to side, close L behind R, cross R over L 5-6-& Slightly L to side, close R behind L, cross L over R

7-8 Side R to side with sway R - L

S2. *1/2 PIVOT TURN L - 1/2 TURN L (sweep) - BEHIND - SIDE - CROSS - RECOVER - SIDE - CROSS - RECOVER - SIDE - CROSS (sweep)*

1&2 Step forward R, 1/2 turn to L recover, 1/2 R forward turn to L with sweep L from front to

back

3&4 Cross L behind R, side R to side, cross L over R
 5&6 Recover on R, side L to side, cross R over L

7&8 Recover on L, side R to side, cross L over R with sweep R from back to front

(Restart here on wall 3 & 7)

S3. *CROSS - SIDE - BEHIND - 1/4 TURN L - BEHIND - 1/2 CHASE TURN L - FULL TURN R - LOCK SHUFFLE FORWARD*

1-2-&-3 Step cross R over L , side L to side , cross R behind L , 1/4 L turn to L forward

4&5 Forward R, 1/2 turn to L recover, forward R

6-& Forward L , full R turn to R forward 7&8 Forward L , lock R behind R , L forward

S4. *ROCK RECOVER - BACK (sweep) (R L R) - COASTER STEP - SIDE POINT (hands style)*

1-& Step forward R, recover on L

2-3-4 Back R with sweep L from front to back , Back L with sweep R from front to back , Back R

with sweep L from front to back

5&6 Back L, close R beside L, forward L

7&8 Side point R to side with hand R straight forward, and hand L straight forward, and both

hands cross front the chest

(options : free style & pose)

(Start from the top)

Have Fun & Enjoy it!

Dancing with Your Heart...♥
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