

Hey Ladies

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Hey Ladies - Avolia



Intro:

S1 TOE TOUCH, STEP IN PLACE, FORWARD ROCK STEP, COASTER STEP

1 2 Touch RF forward, Step RF in place
3 4 Touch LF forward, Step LF in place
5 6 Step RF forward, recover on LF

(Alternative: doing it with body wave)

7 & 8 Step RF backward, close LF next to RF, Step RF forward

S2 PIVOT R ½, SHUFFLE, PIVOT L ¼, CROSS SHUFFLE

1 2 Step LF forward, turn R ½ transfer weight to RF
3 & 4 Step LF forward, close RF next to LF, step LF forward
5 6 Step RF forward, turn L ¼ transfer weight to LF
7 & 8 Cross RF over LF, step LF slightly behind RF, cross RF over LF

S3 MONTEREY ¼

1 2 Touch LF to L, turn L ¼ while close LF next to RF
3 4 Touch RF to R, close RF next to LF
5 6 Touch LF to L, turn L ¼ while close LF next to RF
7 8 Touch RF to R, close RF next to LF

S4 HIP ROLL, KICK BALL CHANGE

1 2 Step LF to L while doing back hip roll
3 4 Still doing hip roll than transfer weight to R, close LF next to RF
5 & 6 Kick RF forward, close RF next to LF, touch LF to L
7 & 8 Kick LF forward, close LF next to RF, touch RF to R

Tag after Wall 6

1 2 Touch RF in place, step RF in place
3 4 Touch LF in place, step LF in place