

Bala - Bala

拍数: 32 墙数: 4 级数: Beginner
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音乐: Bala-Bala - Deredia



Intro : 16 counts

I. FLICK SIDE, JAZZ BOX

- 1-2 Bend RF to R, step RF beside LF.
- 3-4 Bend LF to L, step LF beside RF.
- 5-8 Cross RF over LF, step LF back, step RF to R, step LF forward.

II. STEP SIDE

- 1-2 Step RF to R while move shoulder up and down.
- 3-4 Step LF beside RF while move shoulder up and down.
- 5-6 Repeat 1-2.
- 7-8 Repeat 3-4.

III. TURN $\frac{1}{8}$, TOE STRUD, KICK, BACK, TURN $\frac{3}{8}$

- 1-2 Turn $\frac{1}{8}$ to R touch R toe, step R heel down.
- 3-4 Touch L toe, step L heel down.
- 5-6 Kick RF forward, step RF back.
- 7-8 Turn $\frac{1}{8}$ to L step LF side, turn $\frac{1}{4}$ to L step RF forward.

IV. TWIST, SIDE, DRAG

- 1-4 Swivel heel and toe to L
- 5-8 Big step RF to R (5), drag LF to RF (move slowly 6-8).

TAG after wall 3

- 1-2 Kick RF to R, step close together beside LF (while shoulder up and down)
- 3-4 Kick LF to L, step close together beside RF (while shoulder up and down)

HAPPY DANCING!!! ☺