Always Forever Young



拍数: 32 墙数: 4 级数: Absolute Beginner

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音乐: Forever Young (CYRIL Remix) - David Guetta, Alphaville & Ava Max



No tag No restart,

Dance start after 32 count.

Section 1: FORWARD WALK (R-L-R), SIDE TOUCH (R-L)

1-2	Step RF forward, step LF forward
3-4	Step RF forward, step LF forward
5-6	Touch RF to R, step RF close to LF
7-8	Touch LF to L, step LF close to RF

Section 2: OUT, OUT, IN, IN, OUT, OUT, IN, IN

1-2	Step RF	forward	diagonal	R sten	IFf	orward diagonal
1-2	SIED KE	ioiwaiu	ulauullai	r. steb		oi wai u ulauoi lai

3-4 step RF back to centre, close LF next to RF

5-6 Step RF back diagonal R, step LF back diagonal L

7-8 Step RF back to centre, close LF next to RF

Section 3: 1/4 R MONTEREY, WALK, KICK, BACK, TOUCH

1-2	Point RF to R.	turn 1/4R ster	oping RF next to	o LF [03:00]

3-4	Point LF to L, step LF next to RF
5-6	step RF forward, kick LF forward
7-8	Step LF back, touch RF next to LF

Section 4: VINE, SIDE CROSS, HIP ROLLS (R-L)

1-2	Step RF to R, cross LF behind RF
3-4	Step RF to R, cross LF over RF
5-6	Step RF to R as you roll hips to L
7-8	Put weight on LF as you roll hips to R

Happy Dancing!

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