Bye Bye Deadpool



拍数: 80 墙数: 1 级数: Beginner / Intermediate

编舞者: Rob Ryan (USA) - January 2025

音乐: Bye, Bye, Bye - *NSYNC

Choreographer: Original Video Choreography: Darrin Henson (USA), 2000

Movie Adaptation: Nick Pauley (USA), 2023 Line Dance Adaptation: Rob Ryan, (USA), 2025

*[1st rows are foot choreography; 2nd rows are upper body choreography]

PHRASE A: 16c

Side kick & cross, shoulder rocks (hands on belt buckle)

1-4 Right side kick, Right knee up, Step Right over Left, Hold. Rock Left shoulder Up (& Right

Down), Right Up, Left Up, Hold.

5-8 Small step to the Right, hold for three. Rock Right shoulder up (& Left Down), Left Up, Right

up, Hold.

Gun fingers: Side-Forward-Sky, Bye, Bye, Bye

1-4 Light bounce, Hold for three. "Shoot" Sides, "Shoot" Front, "Shoot" Sky, hold (briefly

"holstered").

5-8 Legs apart, Hold for three. Bring your Right hand across (chest level), open and closing your

Right hand like a puppet's mouth 3 times, Relax/hold.

PHRASE B: 8c [also functions as the TAG*]

Step-touch, Step-touch, Push-touch, Step-touch (Right then Left)

1-4 Step Right, Touch Left together, Step Left, Touch Right together.

Hands held behind the back.

5-8 Push step Right, Touch Right together, Step Right, Touch Left together.*

Hands held behind the back.

* When used as a TAG, the last step is a full step with weight change to the Left foot.

PHRASE C

Cowboy lasso, Step-touch, Step-touch, Push-touch, Step-touch (Left then Right)

1-4 Step Left, Touch Right together, Step Right, Touch Left together.

Left hand behind your back, circle your Right fist in a lasso motion around your head 2x.

5-8 Push step Left, Touch Left together, Step Left, Touch Right together.

Continue "lasso" fist motion 2 more times.

Stiff Elbow grab-pull (Left & Right)

[1-4] Step/Lean Right, Hold for 3.

1 With your Left fist, make an upward pulling motion, angling your elbow up (head level);

2 Continue the pull gesture with your fist leveling up with your elbow;

Finish the "pull" motion circling your elbow down and back with your fist at face level;

4 Relax your Left hand and place it behind your back.

[5-8] Lean Left, hold for 3.

5 With your Right fist, make an upward pulling motion angling your elbow up;

6 Continue the pull gesture with your fist leveling up with your elbow;

7 Finish the "pull" motion circling your elbow down and back with your fist at face level;

8 Relax your Right hand.

PHRASE D: 8c

Right Hopping Fist-pumps (Left Hand), Bye, Bye, Bye

1-4 Three hops to end at 45 degrees Right of the 12:00 wall, Hold.

Three Left hand fist-pumps upward, Hold.

5-8 Single hop Left, back to the 12:00 wall, legs apart, Hold for 3.

Bring your Right hand across (chest level), open and closing your right hand like a puppet's mouth 3x, Relax/hold.

PHRASE E: 24c

Three Left Hopping Fist-pumps (Right Hand) & Head Nods

1-4 Three hops to end at 45 degrees Left of the 12:00 wall, Hold.

Three Right hand fist-pumps upward, Hold.

5-8 Hold.

Three Head nods (ideally at the end of an upward body roll), Hold.

Three Right Hopping Fist-pumps (Left Hand) & Head nods

1-4 Three hops to end at 45 degrees Right of the 12:00 wall, Hold.

Three Left hand fist-pumps upward, Hold.

5-8 Hold.

Three Head nods (ideally at the end of an upward body roll), Hold.

Three Left Hopping Fist-pumps (Right Hand) with Three Head Nods.

1-4 Three hops to end at 45 degrees Left of the 12:00 wall, Hold.

Three Right hand fist-pumps upward, Hold.

5-8 Hold.

Three Head nods (ideally at the end of an upward body roll), Hold.

Ending

1- Fade Hop into wide stance, hold. [END]

Fists held in front of chest, with knuckles out, elbows pointed down. [END]

Intermediate Phrasing:

A-B-C-D-E-D

A-B-C-D-E-D

TAG [section without lyrics]

A-B-C-D-E-D

A-B-C-D-E-D

TAG [section without lyrics]

A-B-C-D-E-D

A-B-C-D-E-D

End

Beginner Phrasing:

"Pattern" = Phrases B+C+D in succession.

5 instances of the pattern.

TAG [section without lyrics]

5 instances of the pattern.

TAG [section without lyrics]

5 instances of the pattern.

End

*Note: The final choreography for the movie was sampled from Nick Pauley's original proposed choreography. For this reason, the line dance does not match the movie exactly, except where the sampled parts line up with the action. The line dance was kept as close as possible to Nick's original audition recording, which is in wide circulation. Minor changes were made for the dance to fit with line dance practicality.

Rob Ryan

Patterns Of MotionSM

