

Back Home

拍数: 32 墙数: 2 级数: High Intermediate NC2S
编舞者: Charles Alexander (SWE) - January 2025
音乐: Back Home - Reed Pittman : (Album: Expectations)



Intro: 16 counts, approx. 17 sec – 57 bpm

[1 – 8] R ROCK FWD, ½, L ROCK FWD, ½, STEP, ½ TURN, FULL UNWIND w/ SWEEP, BEHIND-SIDE-CROSS w/ SWEEP

- 1-2& Rock R forward. Recover onto L. ½ turn right stepping R forward. [6:00]
3-4& Rock L forward. Recover onto R. ½ turn left stepping L forward. [12:00]
5-6-7 Step R forward. ½ turn left keeping weight on R. Full unwind right taking weight on L sweeping R front to back. [6:00]
8&1 Step R behind L. Step L to side. Cross R over L sweeping L back to front.

[9 – 16] CROSS, SIDE, 1/8 BACK w/ DRAG, COASTER STEP, STEP, R ROCK FWD, 3/8 SWAY R-L

- 2&3 Cross L over R. Step R to side. 1/8 turn left stepping L back dragging R towards L. [4:30]
4&5-6 Step R back. Step L beside R. Step R forward. Step L forward.
7&8& Rock R forward. Recover onto L. 3/8 turn right stepping R to side and sway R. Sway L. [9:00]

[17 – 24] R BASIC, ¾ TURN w/ DRAG, BACK R-L, SIDE, CROSS ROCK, ¼ + ½ PIQUE TURN

- 1-2& Step R to side. Step L beside R. Cross R over L.
3-4& ¼ turn left stepping L forward while adding ½ turn left dragging R toe beside L. Run back R. Run back L. [6:00]
5-6& Step R to side. Rock L over R. Recover onto R.
7-8 ¼ turn left stepping L forward while hitching R beside L. ½ turn left stepping R back while hitching L beside R. [3:00]

[25 – 32] ¼ L BASIC, ¾ TURN RUN R-L-R-L, STEP w/ SWEEP, L WEAVE, SWEEP, BEHIND, ¼

- 1-2& ¼ turn left stepping L to side. Step R beside L. Cross L over R. [12:00]
3&4& 1/8 turn right stepping R forward. ¼ turn right stepping L forward. 1/8 turn right stepping R forward. 1/8 turn right stepping L forward. [9:00]
5-6&7 Step R forward sweeping L back to front. Cross L over R. Step R to side. Step L behind R sweeping R front to back.
8& Step R behind L. ¼ turn left stepping L forward. [6:00]

Tag: Happens after Wall 1 and Wall 2.

[1-8] STEP, L FWD ROCK, BACK, R BACK ROCK, R STEP, L STEP, ½ TURN, L STEP

- 1-2& Step R forward. Rock L forward. Recover onto R.
3-4& Step L back. Rock R back. Recover onto L.
5-6 Step R forward. Step L forward.
7-8 ½ turn right taking weight on R. Step L forward. [12:00]