

# Jack to Forget

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Nathan Lee (USA) - January 2025  
音乐: Ain't Doin' Jack - Josh Ross



Start on first beat- no tags- no restarts

## [1-8] LINDY R, LINDY L

1&2      Step R out (1), Step L next to R (&), Step R out (2)  
3,4      Cross L behind R and rock backward (3) Rock onto R (4)  
5&6      Step L out (5), Step R next to L (&), Step L out (6)  
7,8      Cross R behind L and rock backward (7) Rock onto L (8)

## [9-16] R TOE, STEP, ½ TURN, L TOE, STEP, ½ TURN

1,2      Place R toe forward (1), Step R foot down (2)  
3,4      Step forward L (3), Pivot ½ over R shoulder (4)  
5,6      Place L toe forward (5), Step R foot down (6)  
7,8      Step forward R (7), Pivot ½ over L shoulder (8)

## [17-24] ROCK OUT R, ROCK BACK R, SHUFFLE FORWARD RLR, ½ PIVOT

1,2      Step R foot out to R side (1), Rock weight onto L foot (2)  
3,4      Place R foot backward (3), Rock weight onto L foot (4)  
5&6      Step R foot forward (5), Step L next to R (&), Step R foot forward (6)  
7,8      Step forward L (7), Pivot ½ over R shoulder (8)

## [25-32] SHUFFLE LRL, ½ PIVOT, HIP SHAKE

1&2      Step forward L (1), Step R next to L (&), Step forward L (2)  
3,4      Step forward with R (3), Pivot ½ over L shoulder (4)  
5,6,7,8      Hip to R side (5), Hip to L side (6), Hip to R side (7), Hip to L side (8)

Last Update: 6 Jan 2025