

Please Mr. Jailer

拍数: 32 墙数: 4 级数: Improver WCS
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音乐: Please, Mr. Jailer - Rachel Sweet : (Album: Cry-Baby)



Starting point: At vocals, at about 0:07.

Ending: The last full wall you'll dance is wall 10 (facing 9:00). On that wall, change the counts 29-32 (walks & touch) to a rock step forward and touch right next to left. You'll have about 7 counts left on wall 11 to dance to, but you'll do them facing front wall and thus you will end the dance facing front wall.

HIP ROLL, BACK HOPPING TOE TOUCHES

- 1-4 Step right to right side and roll your hips counterclockwise a full rotation starting from left over 4 counts (weight ends up on left)
- 5& Jump right back to right diagonal, touch left next to right
- 6& Jump left back to left diagonal, touch right next to left
- 7& Jump right back to right diagonal, touch left next to right
- 8& Jump left back to left diagonal, touch right next to left

Note: you can replace the full counterclockwise hip roll with two half hip rolls with toe taps where they suit better (or if the feel more like your thing).

In that case counts 1-4 go like this:

- 1-2 Roll your hips counterclockwise from left to right, touch left toe to left diagonal
- 3-4 Roll your hips counterclockwise from right to left, touch right toe to right diagonal

SWEEP, ACROSS, BACK, SIDE, PRISSY WALKS FORWARD, KICK BALL TOUCH WITH A BENT LEG

- 1-2 Turn 1/4 to right and step right forward while starting a sweep with left foot from back to front, finish the sweep on count 2
- 3&4 Step left across right, step right back, step left to left side
- 5-7 Step right across left, step left across right, step right across left
- 8&1 Kick left foot forward, step left next to right, bend on your left knee and touch right to right side **Note: Make the prissy walks seductive and sexy!**

Also on the kick ball touch, accent it more by bending the knee on left and reaching right far to right side. You can also bend your upper body forward for a more sultry/sexy look.

DRAG & RISE, KICK BALL CROSSES, SLOW SWEEP (OR FULL UNWIND & SWEEP)

- 2-3 Drag right next to left and rise up on your left leg for 2 counts (now standing up with right next to left)
- 4&5 Kick right foot forward, step right next to left, step left across right
- 6&7 Kick right foot forward, step right next to left, step left across right
- 8-1 Sweep right from front to back in a half-arch for 2 counts

Note: For more advanced dancers, you can change the counts 8-1 for a full right unwind with a sweep.

In that case, remember that counts 6&7 are your prep for the unwind so remember to turn your upper body slightly to left during it to make the following unwind easier.

SAILOR STEPS, 1/2 LEFT TURNING WALKS, TOUCH TOGETHER

- 2&3 Step right behind left, step left next to right, step right to right diagonal
- 4&5 Step left behind right, step right next to left, step left to left diagonal
- 6-7 Turn 1/4 to left and step right forward, turn 1/4 to left and step left forward
- 8 Touch right next to left

Note: Feel free to style up the walks by giving them a bit more swagger. It's all about attitude!

REPEAT

