

3 Pleases

拍数: 32 墙数: 4 级数: Improver
编舞者: The Highlander (UK) - January 2025
音乐: Please Please Please - Sabrina Carpenter



#32 Count Intro.

Sec 1 Right Side Rock & Left Side Rock & Forward Rock, Shuffle ½ Turn.

1-2& Rock R to right side, Recover onto L, Step R next to L,
3-4& Rock L to left side, Recover onto R, Step L next to R,
5-6 Rock forward onto R, Recover onto L,
7&8 Turn ¼ right stepping R to right side, Step L next to R, Turn ¼ right stepping R forward.
(06.00)

Sec 2 Shuffle ½ Turn, Coaster Step, Out L, Out R, Sailor ¼ Turn Left.

1&2 Turn ¼ right stepping L to left side, Step R next to L, Turn ¼ right stepping L back, (12.00)
3&4 Step R back, Step L next to R, Step R forward,
5-6 Step L to left diagonal, Step R to right side,
7&8 Step L behind R, Turn ¼ left stepping R next to L, Step L next to R. (09.00)

Sec 3 Turn ¼ Left into Right Side Mambo, Left Side Mambo, Step ¼ Left, Cross Shuffle.

1&2 Turn ¼ left rocking R to right side, Recover onto L, Step R next to L, (06.00)
3&4 Rock L to left side, Recover onto R, Step L next to R,
5-6 Step R forward, Pivot ¼ turn left stepping onto L, (03.00)
7&8 Cross R over L, Step L to left side, Cross R over L.

Sec 4 Side Rock, Cross, Side, Coaster Step, Step Pivot ½ Turn Left.

1-2 Rock L to left side, Recover onto R,
3-4 Cross L over R, Step R to right side,
5&6 Step L back, Step R next to L, Step L forward,
7-8 Step R forward, Pivot ½ turn left stepping onto L, (09.00)

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