Gospel Slide

拍数: 32

墙数:4

级数: Beginner

编舞者: Dawn Avery Dancin' Deeva (USA) - January 2025

音乐: The Gospel Slide (Jesus Apostles March) - Dana Divine



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I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, and making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts after Dana sings "Apostles march".

SIDE STEPS RIGHT, SIDE STEPS LEFT

- 1 2 3 4 Step right on right, left, right, left all facing 12:00
- 5 6 7 8 Step left on left, right, left, right

HANDS UP, STOMP THE DEVIL

- 1 2 3 4 Bouncing in place raise arms up and wave them
- 5 6 7 8 In place stomp right foot 4 times

WALKS UP, BACK

- 1 2 3 4 Walk up right, left, right, left
- 5 6 7 8 Walk back left, right, left, right

HIPS SWINGS, QUARTER TURN LEFT

- 1 2 3 4 Swing hips in placer right, left, right, left
- 5 6 7 8 Keep swinging hips marching out a quarter turn left

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com