

You Needed Me

拍数: 60 墙数: 1 级数: Intermediate - waltz
编舞者: Sheila Kenny (USA) - January 2025
音乐: You Needed Me - Anne Murray



Intro. 32ct/15 sec Start on the word "Tear" 1 Tag No Restarts

Sec. 1 Cross Over, Full Turn

- 1,2,3 Cross LF over RF on diagonal 1:00, Recover weight on RF, Soft kick LF forward with pointed Toe (Stay on diagonal)
4,5,6 Turn ¼ Left stepping LF forward (9:00), Turn ½ Left stepping back on RF (3:00), Turn ¼ Left stepping LF to Left side (12:00)

Sec. 2 Cross Over, 1 1/4 Full Turn

- 1,2,3 Cross RF over LF on diagonal 11:00, Recover weight on LF, Soft kick RF forward with pointed Toe (Stay on diagonal)
4.5.6 Turn ¼ Right stepping RF forward (3:00), Turn ½ Right stepping back on LF (9:00), Turn ½ Right stepping forward on RF (3:00)

Sec. 3 Full Basic

- 1,2,3 Step forward on LF, Step RF next to LF, Step LF next to RF (3:00)
4,5,6 Step back on RF, Step LF next to RF, Step RF next to LF

Sec. 4 Jazz Box, Cross Over & Diamond Drag

- 1&2&3 Cross LF over RF, Step back on RF, Step LF to Left side, Step RF to Right side, Cross LF over RF
4,5,6 Step RF forward on Right diagonal (5:00), Drag LF to RF for 2 counts onto Left Toe Touch

Sec. 5 Inverted Basic

- 1,2,3 Step back on LF (square at 6:00), Step RF next to LF, Step LF next to RF
4,5,6 Step forward on RF (6:00), Step LF next to RF, Step RF next to LF

Sec. 6 Weave, ¼ Turn, Ronde

- 1,2,3 Cross LF over RF, Step RF to Right side, Cross LF behind RF
4,5,6 Turn ¼ Right stepping RF forward (9:00), Sweep LF around crossing over RF, Step RF to Right side

Sec. 7 Diamond Back Basic, Right Twinkle

- 1,2,3 Step back on LF on Left diagonal (8:00), Step RF next to LF, Step LF next to RF
4,5,6 Cross RF over LF (stay on 8:00 diagonal), Step LF to Left side, Turn 1/8 Right and step RF to Right side (square at 9:00)

Sec. 8 Diamond Full Basic

- 1,2,3 Step LF forward on Right diagonal (10:00), Step RF next to LF, Step LF next to RF
4,5,6 Step RF back (on same diagonal), Step LF next to RF, Step RF next to LF

Sec. 9 Left Twinkle, Right Twinkle w/1/8 Turn

- 1,2,3 Cross LF over RF, Step RF to Right side, Step LF to Left side (Stay on same 10:00 diagonal)
4,5,6 Cross RF over LF, Step LF to Left side, Turn 1/8 Right stepping back on RF (12:00)

Sec. 10 Full Basic

- 1,2,3 Step LF forward, Step RF next to LF, Step LF next to RF
4,5,6 Step back on RF, Step LF next to RF, Step RF next to LF

Tag (End of Wall 2)

1&2 Wide LF step to Left side, Drag RF to LF. Step on RF (12:00)

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