

You Are Worthy EZ

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Becky Hawthorne (USA) - January 2025
音乐: Worthy - Mavis Staples



Intro: 24 counts. Dance starts on the word "smiling".

*1 Restart, no tags

Section 1: SIDE, TOGETHER, SIDE, TOGETHER, LINDY

1, 2 Step RF to R side, Step LF next to RF
3, 4 Step RF to R side, Step LF next to RF
5 & 6 Step RF to R side, Step LF next to RF (&), Step RF to R side
7, 8 Rock back on LF, Recover weight forward onto RF

Section 2: SIDE, TOGETHER, SIDE, TOGETHER, LINDY

1, 2 Step LF to L side, Step RF next to LF
3, 4 Step LF to L side, Step RF next to LF
5 & 6 Step LF to L side, Step RF next to LF (&), Step LF to L side
7, 8 Rock back on RF, Recover weight forward onto LF

RESTART HERE ON WALL 6

Section 3: FWD, HITCH, 1/4 SIDE, HITCH, FWD, HITCH, BACK, TOUCH

1, 2 Step RF forward, Hitch L leg
3, 4 1/4 Step LF to L side, (9:00), Hitch R leg
5, 6 Step RF forward, Hitch L leg
7, 8 Step LF back, Touch RF forward

Section 4: FORWARD ROCK X 2, FORWARD, TOUCH, BACK, TOUCH

1, 2 Rock weight forward onto RF, Recover weight back onto LF
3, 4 Rock weight forward onto RF, Recover weight back onto LF
5, 6 Step RF to R forward diagonal, Touch LF next to RF
7, 8 Step LF to L back diagonal, Touch RF next to LF

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