The Lady Of Samba (삼바의 여인)

级数: Beginner

编舞者: Nan Young Lee (KOR) - January 2025

音乐: Samba Lady (삼바의 여인) - Sul Woon Do (설운도)

Note: No Tag, No Restart

拍数: 32

Intro: Start at approx 33 secs. (Dance start on vocal)

SEC 1: (Rock-Sway, Recover, Triple Step) x R, L

- 123&4 Rock RF to R(Hip Sway), recover LF, RF beside LF, LF in place, RF in place
- 567&8 Rock LF to L(Hip Sway), recover RF, LF beside RF, RF in place, LF in place

SEC 2: (Cross, Side, Cross Shuffle-Hitch) x R, L

- Cross RF over LF, step LF to L side(slightly back) 12
- 3&4 Cross RF over LF, step LF beside RF, Cross RF over LF(& Hitch L knee)
- Cross LF over RF, step RF to R side(slightly back) 56
- 7&8 Cross LF over RF, step RF beside LF, Cross LF over RF(& Hitch R knee)

SEC 3: R Fwd Rock, Recover, Back Shuffle, L Back Rock, Recover, Fwd Shuffle

- 123&4 Rock RF to fwd, recover LF, RF back, LF beside RF, RF back
- 567&8 Rock LF to back, recover RF, LF fwd, RF beside LF, LF fwd

SEC 4: (Cross Samba) x R, L, R Jazz box ¼R, Cross

- 1&2 Cross RF over LF, rock LF to L side, recover RF
- Cross LF over RF, rock RF to R side, recover LF 3&4
- 5678 Cross RF over LF, turn ¼R step LF back, step RF to R side, cross LF over RF (3:00)

Have a good time! \Box

Contact: nyok99@naver.com

Last Update: 3 Jan 2025





墙数:4