

I Never Lie (I Sleep Like a Baby)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: I Never Lie - Zach Top



I. [1-8] Monterey Step, Point Flick, Rocking Chair.

- 1&2 Tap R toe out to R side. In a syncopated motion bring R foot back to place, while switching weight to it and point L toe out to L side.
- 8&3,4 In A syncopated motion bring L foot Back to place switching your weight to it, and Point your R Toe out to the R Side. Bring Your R foot up behind your L knee in a flicking motion.
- 5,6,7,8, Step forward with your R foot bearing weight, rock your weight back to your L foot, step back on your R foot bearing weight. Step forward on to your L foot.

II. [9-16] 1/4 L Pivot Turn, Weave with Point, Cross Point.

- 9,10. Step Forward on R Foot, Turn Over Left Shoulder, keeping weight on L foot.
- 11-14 Step R over L, Step L out to the side, step R behind L, Point L out to the side.
- 15,16. Step L foot across R foot, point R out to the side.

Restarts Happen Here. Wall 6 (facing 12:00) & Wall 9 (Facing 6)

III. [17-24] Shuffle Forward Rock Recover, Shuffle Back Rock Recover

- 17&18. Step R foot forward, bring L foot up to R, step forward on R. Step L Forward rocking
- 19,20 a ll weight to it, step back on R foot with all weight.
- 21& 22. Step L Foot backwards, bring R foot up to L, Step L foot back. Step R Foot
- 23,24 backwards rocking all weight to it, step forward on R.

IV. [25-32] 1/4 Pivot Paddle turn X2, Jazz Box

- 25,26, Touch R foot forward, pivot 1/4 turn over L shoulder. Touch R foot forward, Pivot
- 27,28, 1/4 Turn over L shoulder.
- 29,30, Cross R foot over L, step back on L,
- 31,32, Step R out to the side, step L next to R

You can upgrade this dance with adding some more advanced steps like:A rolling Left vine with a Cross Point 11-14. You can also Try Half Turning Shuffles for 17&18, 21&22
THIS DANCE CAN BE DONE WITH A PARTNER IN THE SWEETHEART POSITION

Last Update: 7 Jan 2025