

Work, Work

拍数: 32 墙数: 2 级数: Improver
编舞者: Grapevine Team, Montse López (ES), Agus Zapata (ES), Angeles Mateu (ES),
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音乐: Workin' Hard (Day and Night) - Jesse Daniel



Step sheet : M^a Jesús Osuna

Intro : 32 beats

[1-8] TRAVELLING SWIVEL ONE FOOT OUT and IN (R) – STEP LOCK STEP FWD – STEP LOCK STEP BACK

1&2 Shift to the right : right toe, right heel, right toe
3&4 Shift to the left : right toe, right heel, right toe
5&6 Step right forward, left locked behind right, step right forward
7&8 Step left back, right locked over left, step left back

[9-16] FULL TURN BACK – COASTER STEP (R) – HEEL FWD (L) – TOE BACK – HEEL FWD – ¼ TURN L and COASTER STEP (L)

1-2 ½ turn right stepping right forward, ½ turn right stepping left back
3&4 Step right back, step left beside right, step right forward
5&6 Touch left heel forward, touch left toe back, touch left heel forward
7&8 ¼ turn left stepping left back, step right beside left, step left forward (09.00)

[17-24] HEEL FWD (R) – TOE BACK – HEEL FWD – ¼ TURN L and COASTER STEP - SCISSOR STEPS (L – R)

1&2 Touch right heel forward, touch right toe back, touch right heel forward
3&4 ¼ turn left stepping right back, step left beside right, step right forward (06.00)
5&6 Step left to the left, right beside left, left crossed over right
7&8 Step right to the right, left beside right, right crossed over left

[25-32] GRAPEVINE TO L ending CROSS – SCISSOR STEP (L) – GRAPEVINE TO R ending CROSS – LONG SIDE (R) – SLIDE (L) – STOMP

1&2& Step left to the left, right crossed behind left, step left to the left, right crossed over left
3&4 Step left to the left, right beside left, left crossed over right
5&6& Step right to the right, left crossed behind right, step right to the right, left crossed over right
7&8 Long right step to the right, slide left towards right, stomp left beside right

START OVER

FINAL: Performed wall 8 (the last one) looking at 12.00 we will change the count 32 STOMP by STOMP UP (L) and we will add STOMP FWD (L) to finish the dance
