

Body Talk

拍数: 48 墙数: 4 级数: Improver
编舞者: Shelly Tudor (USA) - December 2024
音乐: Body Talk - Kane Brown & Katelyn Brown



ROCK SWEEP, PONY BACK, SIDE STEP, SHUFFLE FWD

1,2 Rock R foot fwd. (1), recover weight on L foot while sweeping R foot from front
3&4 Step R foot back hitching L knee (3), step L foot beside R foot (&) Step R foot back hitching L
knee (4)
5,6 Step L foot to L side (5) Step R foot beside L foot (6)
7&8 Step L foot fwd. (7) Step R foot beside L foot (&) Step L foot fwd. (8)

SIDE STEP, SHUFFLE FWD, BACK STRUT

1,2 Step R foot to R side (1) Step L foot beside R foot (2)
3&4 Step R foot fwd. (3) Step L foot beside R foot (&) Step R foot fwd. (4)
5,6 Step L foot back while hitching R knee (5) Step R foot back while hitching L knee (6)
7,8 Step L foot back while hitching R knee (7) Step R foot back while hitching L knee (8)

LINDY LEFT, TAP TAP KICK, LINDY RIGHT, TAP TAP KICK

1&2 Step L foot to L side (1) Step R foot next to L foot (&) Step L foot to L side while sliding R foot
beside L foot (2) (Aiming your body to 1:30 wall)
3&4 Tap R foot beside L foot (3) Tap R foot beside L foot (&) Kick R foot diagonally (4) (1:30)
5&6 Step R foot to R side (5) Step L foot next to R foot (&) Step R foot to R side while sliding L
foot beside R foot (6)

(Aiming your body to 10:30 wall)

7&8 Tap L foot beside R foot (7) Tap L foot beside R foot (&) Kick L foot diagonally (8)

BALL STEP KICK, BALL STEP KICK, BOX OVER R SHOULDER

&1,2 Step L foot beside R foot (&) Step R foot in place (1) Kick L foot diagonally (2)
&3,4 Step L foot beside R foot (&) Step R foot in place (1) Kick L foot diagonally (4)
&5,6 Step L foot beside R foot (squaring back up to 12:00 wall) (&) Cross R foot over L foot (5)
Step L foot back while making 1/4turn over R shoulder (6)
7,8 Step R foot to R side (7) Step L foot beside R foot (8)

ROCK RECOVER BEHIND SIDE CROSS, ROCK RECOVER BEHIND SIDE CROSS

1,2 Step R foot to R side (1) Recover on L foot (2)
3&4 Step R foot behind L foot (3) Step L foot to L side (&) Cross R foot over L (4)
5,6 Step L foot to L side (5) Recover on R foot (6)
7&8 Step L foot behind R foot (7) Step R foot to R side (&) Cross L foot over R (8)

ROCKING CHAIR, BODY ROLL, CLAP X'S 2

1,2 Rock R foot fwd (1) Recover on L foot (2)
3,4 Rock R foot Back (3) Recover on L foot (4)
5,6 Press R foot fwd (5) Body roll (5)
7&8 Sit on L hip (7) Clap hands (&) Clap hands (8)