

Hallelujah

拍数: 48 墙数: 1 级数: Easy Improver
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音乐: Hallelujah - Pentatonix



#0 count intro, starts on the very first beat

Section #1: Shuffle Steps, Sweeps, Coaster Step

- 1&2 Left shuffle forward (LF-RF-LF)
- 3&4 Right shuffle forward (RF-LF-RF)
- 5& Step back with LF while moving RF back in a sweeping motion
- 6& Step back with RF while moving LF back in a sweeping motion
- 7-8 Coaster Step – step forward with LF, step RF next to LF, step back with LF

Section #2: 2 x Scissor Steps, ½ L Pivot, ½ L shuffle

- 1&2 Scissor step right – step out with RF, step LF next to RF, cross RF over LF
- 3&4 Scissor step left – step out with LF, step RF next to LF, cross RF over LF
- 5-6 ½ Pivot to the left. Keep LF planted and use RF to pivot ½ left
- 7-8 Shuffle around ½ L while turning back to front

Section #3: Weaves with recover

- 1-3 Left weave: Step LF to the left, cross RF over LF, step LF to the left, cross RF behind LF, step LF out to the left, cross RF over LF (&1&2&3)
- &4 Step down on LF, rock back on RF
- 5-7 Right weave: Step RF to the right, cross LF over RF, step RF to the right, cross LF behind RF, step RF out to the right, cross LF over RF (&5&6&7)
- &8 Step down on LF, rock back on RF

Section #4: Rolling Grapevine, Coaster Step, Sway right and left

- 1-3 Step left 1/4 turn left. On ball of LF 1/2 turn left stepping back right. On ball of RF make 1/4 turn left stepping left to left side. (Can be replaced with regular grapevine)
- 4 End with a coaster step
- 5-8 Step out with RF, move LF next to RF, step out with LF, move RF net to LF. Repeat.

Section #5: Two ½ turns,

- 1-3 Cross RF over LF, fold right and left arms across your chest, then slowly unwind while turning ½ L
- 4 HOLD
- 5-7 Cross RF over LF again and “unwind” feet while turning ½ Left, unfold arms while turning and raise them up
- 8 HOLD

Section #6: Shuffles forward, Step-Touches Back

- 1&2 With arms raised, right shuffle forward
- 3&4 With arms raised (or swaying or whatever it feels right to do) – left shuffle forward
- 5-6 RF back, move LF next to RF
- 7-8 LF back, move RF next to LF

TAG: The 2 first verses have an instrumental section here, so do side shuffles or just step side to side for 4 counts before starting over again.