

Selen Selen

拍数: 48 墙数: 2 级数: Beginner
编舞者: Hantos Djay (IT) - December 2024
音乐: Selen Selen (Танцуй танцуй) - Лена Северная



Intro: 48 counts - No Tags & No Restarts.

S.1 Rock Forward, Back Shuffle, Rock Back, Slightly Cross, Point.

1 2 Step R Forward, Recover on left
3 & 4 Step R Back, Step L beside R, Step R Back
5 6 Step L Back, Recover on right
7 8 Step Forward on left slightly crossing over right, Touch R Side to right

S.2 Slightly Cross, Point, Cross, Side, Cross Shuffle, Side, Touch Together.

1 2 Step Forward on right slightly crossing over left, Touch L Side to left
3 4 Cross Left over Right, Step R Side
5 & 6 Cross Left over Right, Step R Side, Cross Left over Right
7 8 Step R Side, Touch L Together

S.3 Rolling Vine, Rocking Chair.

1 2 1/4 turn L Step L Forward, 1/2 turn L Step R Back
3 4 1/4 turn L Step L Side, Touch R Together
5 6 Step R Forward, Recover on left
7 8 Step R Back, Recover on left

S.4 Side Rock, Cross & Unwind 3/4 turn Right, Touch Side & Together, Side & Touch Together.

1 2 Step R Side, Recover on left
3 4 Cross R behind left, Unwind 3/4 turn R ending with weight on right
5 6 Touch L Side to left, Touch L Together
7 8 Step L Side, Touch R Together

S.5. Chasse L, Rock Forward, 1/2 L Shuffle

1 2 1/8 Turn L Step R Side, Step L beside R
3 4 Step R Side, 1/8 Turn R Touch L Together
5 6 Step L Forward, Recover on right
7 & 8 1/4 turn L Step L Side, Step R beside L, 1/4 turn L Step L Forward

S.6. Rock Forward, 1/2 R Shuffle, Rock Forward, 1/4 L Shuffle

1 2 Step R Forward, Recover on left
3 & 4 1/4 turn R Step R Side, Step L beside R, 1/4 turn R Step R Forward
5 6 Step L Forward, Recover on right
7 & 8 1/4 turn L Step L Side, Step R beside L, Step L Side

Ending: On Wall 8 facing (6:00) you do the first 43 counts of the dance.

Introduced by Stéphane Beauchamp - Email: htinc@videotron.ca