

B's Open Invitation

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 1 级数: Improver
编舞者: Bernadette Burnette (USA) - December 2024
音乐: Back to your Place - October London



I believe soul line dances are usually learned by watching people dance it, memorizing the steps and how they fit the music, and making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 16 counts in, don't rush it.

SHOOP* STEPS TO RIGHT AND LEFT, RUNS ALL AT 12:00

1 2 3 4 Two shoop steps to right, two to the left
5 6 7 One shoop to right going back, one shoop to left going back, one to right going back
8 a nd uh Run forward left, right, left

*Press on ball of right foot raising hip up a bit, recover left, press on right, recover on left foot, recover right; to "shoop" to left, press on ball of left foot, recover right, press on left, recover right

PRESS UP DRAG STEPS RIGHT AND LEFT SIDE

1 Press forward on right then drag it back
2 Press left foot to left side then drag it back
3 4 Repeat steps 1 -2 above
5 6 7 Press right foot to right, press again on right a little closer, press again even closer
8 a nd uh Right coaster step

REPEAT DANCE TILL MUSIC ENDS