

Mania

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Bp. Suroto (INA) & Arisps (INA) - December 2024
音乐: Mania - Lexa & Soley



***3 tags: 2C (after w2, after w5 & on w8 after 16C)

**2 restarts (on w3 after 16C & on w8 after 16C)

S.1 : SAMBA WHISK (R-L), FORWARD MAMBO, COASTER STEP

1a2 Step R to side - rock L behind R - step R in place
3a4 Step L to side - rock R behind L - step L in place
5&6 Rock R forward – Recover on L – Step R back
7&8 Step L back – Step R together – Step L forward

S.2 : VOLTA TURN 3/4 RIGHT, SIDE ROCK, BEHIND, SIDE, CROSS

1& 2& ¼ Turn R Step R Forward - close L next to R - ¼ Turn R Step R Forward - close L next to R
3&4 1/8 Turn Step R Forward - close L next to R - 1/8 Turn R Step R Forward
5-6 Rock L to side - Recover on R
7&8 Cross L behind R - Step R to side - Cross L over R

S3. SIDE MAMBO (R,L), CHASSE, ¼ TURN L CHASSE

1&2 Step R to side, Recover on L, Step R next to L.
3&4 Step L to side, Recover on R, Step L next to R
5&6 Step Rf to right side, Step Lf beside Rf, Step Rf to right side
7&8 ¼ turn L Step Lf to left side, Step Rf beside Lf, Step L to left side

S4. BOTAFOGO (R,L), 1/4 TURN DIAMOND

1&2 cross RF over LF, step LF to side, recover on RF
3&4 cross LF over RF, step RF to side, recover on LF
5&6& Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf
7&8 Step back on Lf, 1/8 turn R Step R to right side, Step Lf forward

Tag. FORWARD, CLOSE

1-2 Step R forward, L close beside R