

You Have Been Here for a Time (你来了一阵子)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Heru Tian (INA) - December 2024
音乐: Ni Lai Le Yi Zhen Zi (你来了一阵子) - Desy Huang (黄家美)



***5 Tags, No Restart

**Tag1 (4C) : Fwd/Arabesque, Back, Together, Rock Back, Together (End of Wall 1 & 4)

12& Step RF Fwd, Lift LF behind (Arabesque) (1), Step LF Back (2), Step RF Next to LF (&
34& Rock LF Back (3), Recover on RF (4), Step LF Next to RF (&

**Tag2 (2C) : Rock Fwd, Recover (End of Wall 3, 6 & 7)

12 Rock RF Fwd (1), Recover on LF (2)

Section 1 : Fwd/Arabesque, Back, Together, Rock Back, Full Turn R, Sweep, 1/4L Diamond

12& Step RF Fwd, Lift LF behind (Arabesque) (1), Step LF Back (2), Step RF Next to LF (&
34&5 Rock LF Back (3), Recover on RF (4), 1/2R, Step LF Back (&) 1/2R, Step RF Fwd, Sweep LF
back to front (5)
6&7 Cross LF over RF (6), Step RF to R Side (&), 1/8L, Step LF Back (7) (10.30)
8& Step RF Back (8), 1/8L, Step LF to L Side (&) (9.00)

Section 2 : Cross Rock, 1/4R Fwd, 1/4R Basic NC, Side, 1/8L Back, Back, 1/2L Fwd/Sweep, Cross, Side

12& Rock RF cross over LF (1), Recover on LF (2), 1/4R, Step RF Fwd (&
34& 1/4R, Take a long step LF to L Side (3), Step RF slightly behind LF (4), Cross LF over RF (&
(3.00)
56& Step RF to R Side (5), 1/8L, Step LF Back (6), Step RF Back (&) (1.30)
78& 1/2L, Step LF Fwd, Sweep RF Back to front (7), Cross RF over LF (8), Step LF to L Side (&
(7.30)

Section 3 : Back/Sweep, Behind, Side, 1/8L Cross Shuffle, Scissors, 1/4R Back, Side, Cross

12& Step RF back, Sweep LF front to back (1), Cross LF behind RF (2), Step RF to R Side (&
3&4 1/8L, Square up to 6.00, Cross LF over RF (3), Step RF to R Side (&), Cross LF over RF (4)
5&6 Step RF to R Side (5), Step LF Next to RF (&), Cross RF over LF (6)
7&8 1/4R, Step LF Back (7), Step RF to R Side (&), Cross LF over RF (8) (9.00)

Section 4 : Basic NC, Side, Sways, 1/4L Fwd/Sweep, Sync Jazz Box

12& Take a long step RF to R Side (1), Step LF slightly behind RF (2), Cross RF over LF (&
34 Step LF to L Side, Sway body to Left (3), Recover on RF, Sway body to Right (4)
5 1/4L, Step LF Fwd, Sweep RF Back to front (5) (6.00)
6&7&8& Cross RF over LF (6), Step LF back (&), Step RF to R Side (7), Cross LF over RF (&), Step
RF back (8), Step LF to L Side (&

Start over again..

Thank you to Desy Huang for sharing this song
Best Regards,
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