

Jingle Bell Rock

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner line or Contra
编舞者: Vernet Véronique (FR) - December 2024
音乐: Jingle Bell Rock (feat. Miranda Lambert) - Blake Shelton



Intro : 8 Counts - No tag ,No restart

[1-8] SIDE CHASSÉ - L BACK ROCK- SIDE CHASSÉ - R BACK ROCK

1&2 RF Step R (1), LF Step Together (&), RF Step R (2)
3,4 LF Rock Back (3), RF Recover weight (4)
5&6 LF Step L (5), RF Step Together (&), LF Step L (6)
7,8 RF Rock Back (7), LF Recover weight (8)

[9-16] WALK SCUFF R , L – STEP R , KICK L , TOGETHER , KICK R

1,2 Step R fwd(1) , Scuff L heel fwd (2)
3,4 Step L fwd (3) , Scuff R heel fwd (4)
5,6 Step R fwd (5) , Kick L fwd (6)
7,8 Step L Together (7) , Kick R fwd (8)

[17-24] MODIFIED RUMBA BOX STEP

1,2 Step R Side (1) , Step L Together (2)
3&4 Step R fwd (3), Step L beside R (&), Step R fwd (4)
5,6 Step L Side (5) , Step R Together (6)
7&8 Step L Backward (7), Step R beside L(&) , Step L Backward (8)

[25-32] STEP TOUCH - SIDE ROCK STEP – CROSS ROCK STEP

1,2 Step R back (1) , Touch L Together (2)
3,4 Step L back (3) , Touch R Together (4)
5,6 Step R To Right Side (5) , L Recover weight (6)
7,8 Cross Rock R over L (7) , L Recover weight (8)

BEGIN AGAIN :)

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