

Shake Your Hips (바나나걸 - 엉덩일 흔들어봐)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jae Gu Lee (KOR) & Moon Young Heo (KOR) - December 2024
音乐: Hips (엉덩이) - Banana Girl (바나나 걸)



No Tag, 1 Restart
(1 Restart: After 3w 8c)

Sec.1) Hip Bumping R/L (짹다리 우좌), hip sway R/L/R/L

1-2 Step RF to R with Hip Bumping R (weight R)
3-4 Step LF to L with Hip Bumping L (weight L)
5-8 Hip sway R/L/R/L

Sec.2) Fwd walk R/L/R, Kick & L Hip Bumping, Back walk L/R/L, R Hip Bumping

1-3 Fwd walk R/L/R
4 L Kick & L hip bumping
5-7 Back walk L/R/L
8 R Kick & R hip bumping

Sec.3) RF Side Rock, LF Recover, R Weave step, LF Side Rock, RF Recover, L Weave step

1-2 RF Side Rock, LF Recover
3&4 Right Weave step
5-6 LF Side Rock, RF Recover
7&8 Left Weave step

Sec.4) RF Side Rock, LF Together, RF Side Rock, LF Recover or or Paddle 1/2 turn RF Flick, RF 1/4 Jazz Box

1 RF Side Rock,
2& LF Together & body wave(2) , RF Side Rock(&)
3-4 RF Side Rock, LF Recover

or

1&2& 1/8 Turn L and Rock R to R side(1), Recover on L(&), 1/8 Turn L and Rock R to R side(2),
Recover on L(&)
3& 1/8 Turn L and Rock R to R side(3), Recover on L(&)
4 RF Flick

5-8 RF 1/4 turn Jazzbox

Last Update: 16 Dec 2024